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Ottawa metr



Your essential daily news | THURSDAY, AUGUST 27, 2015

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JOE LOFARO/METRO

BREAK AWAY WITH YOGIS

HIT PAUSE ON THE DAILY GRIND WITH WEEKLY YOGA SESSIONS AT THE PEACE TOWER

metroNEWS

Mayor urges cabbies, company to negotiate

LABOUR

Protest over pickup fees continues



Lucy Scholey
Metro | Ottawa

Mayor Jim Watson is urging airport taxi drivers and their employer, Coventry Connections, to

return to the negotiating table this week to end the protests over airport stand fee hikes.

Watson has made it clear he will not intervene in the labour dispute. On Wednesday, he said he met with representatives of taxi Union Local 1688 to act as a "facilitator."

"I encouraged both sides to get back to the table as quickly as possible," he told reporters after the meeting.

"Unless you're talking, you're never going to solve this prob-

lem and this is a problem that is obviously going to escalate with activities like egg-throwing and slowing down cars."

Union president Amrik Singh said the mayor was "sympathetic" to him and his fellow union representatives. He said he hoped the meeting would encourage Coventry Connections to sit down with them and renegotiate the airport pickup fees.

"We don't want the city to be a party to it because they're not, but we want their help to

66

I encouraged both sides to get back to the table as quickly as possible.

Mayor Jim Watson

put pressure on the other side," he said.

But Hanif Patni, president of Coventry Connections, said he has been willing to meet

with the union all along if they present a "credible proposal."

"We have been waiting for a response that is appropriate and credible and they know what our position is, so we're hoping that we can get there," he said.

Airport taxi drivers have been protesting a hike in pickup fees — from about \$1 or \$2 per pickup to about \$5 — for more than two weeks.

As of Tuesday, the Ottawa Airport Authority had handed out seven trespass notices to drivers

who were allegedly throwing eggs and yelling racial slurs at other vehicles.

On Monday, almost 50 drivers marched through city hall, demanding the mayor's help. Meanwhile, the City of Ottawa has selected KPMG to do a comprehensive taxi bylaw review, which is due by the end of this year.

The review will include fare rates — but not the airport stand fees — as well as ride-hailing technologies like Uber.

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180 METCALFE ST.

Council tie puts tower plans on hold



Lucy Scholey
Metro | Ottawa

In a surprising move, Ottawa city councillors could not agree on the plan for a 27-storey hotel and mixed-use tower at the old Medical Arts Building.

Although the planning committee previously approved the 180 Metcalfe St. design, councillors tied the vote 11-11 on Wednesday. The project will now be deferred until the Sept. 9 council meeting. Somerset Coun. Catherine McKenney is opposed to

developer Toth Equity's plan to add a new 21-storey tower to the existing six-storey building.

With a proposed height that reaches beyond the allowed 12-storey limit and a hotel that would take up the first six floors, the plan defies the new Community Development Plan (CDP), she said. "To agree to that mass of hotel use is wrong," she said. "It's a violation of the CDP."

Coun. Jan Harder, who chairs the planning committee, said she was "shocked" by the outcome of what she calls an "incredibly great investment in the downtown."



A photo of the redevelopment at 180 Metcalfe St. CONTRIBUTED

IN BRIEF

Coalition calls on city council to fight end of door-to-door mail delivery

A coalition opposing the end of door-to-door mail delivery is calling on Ottawa city council to join the fight.

The Coalition for an Accessible Public Postal Service wants the mayor and councillors to table a resolution in opposition to Canada Post's phasing-out of the service.

"We're calling on Ottawa city council to take a strong position, giving voice to this opposition," said Kevin Skerrett, a coordinator of the coalition. The group was outside city hall Wednesday, handing out pamphlets and "Go Vote" pins to encourage people to hit the polls on Oct. 19 in the hopes that a new government will reverse the plan. LUCY SCHOLEY/METRO

Hey, uh, Russia, please sell us space bracelets

metr EXCLUSIVE

Gadgets appeal to us, but Putin may refuse due to sanctions



Michael Woods
Metro | Ottawa

Canada may have slapped sanctions on Russia, but there's apparently one thing we still need the country for: space bracelets.

Newly released documents show the Canadian Space Agency planned to buy unique bracelets from a Russian state-funded organization earlier this year.

The agency needed the devices for a Canadian-led science experiment on the International Space Station measuring astronauts' cardiovascular health.

Canada has taken a tough stance against Russian President Vladimir Putin's government since its incursion into Crimea.

It has levied increasingly strict sanctions and Prime Minister Stephen Harper even told Putin to "get out of Ukraine" at a G20 conference.

But a January briefing note to then-Industry Minister James Moore said the Canadian Space Agency needed to buy bracelets from Russia because they weren't available anywhere else. "Important Vascular Echo ex-



In June, Prime Minister Stephen Harper said Russia should never be allowed back in the Group of 7 as long as Vladimir Putin is president. Canada has placed also place sanctions on Russia since its incursion into Crimea, Ukraine. DMITRY LOVETSKY/THE ASSOCIATED PRESS

periments are scheduled to start in August 2015 through the use of a unique device ("bracelet") that is produced only by the Russian Institute of BioMedical Problems (IBMP)," the note says. "No alternative provider exists."

Metro obtained the document under the Access to Information Act. The Russian institute is a non-commercial organization that receives state funds but isn't managed by any particular ministry, according to the briefing note.

The document goes on to say there was consultation with the Department of Foreign Affairs, Trade and Development, which

No alternative provider exists.

An excerpt from a note to then-Industry Minister James Moore from the Canadian Space Agency

resulted in an assessment that the bracelets would fall under a special exception.

According to an outline of the Vascular Echo study on the NASA website, crew members returning from the ISS have had much stiffer arteries, which can

cause higher blood pressure and increase risk of cardiovascular disease. The study will examine changes in the astronauts' blood vessels and hearts while in space, and then follow their recovery on earth. Its results could help with astronauts' cardiovascular health of astronauts.

It could also help people on earth, where sedentary lifestyles are associated with the development of cardiovascular risk factors including arterial stiffness.

The project is one of four new Canadian science experiments set to be conducted aboard the International Space Station starting this fall.

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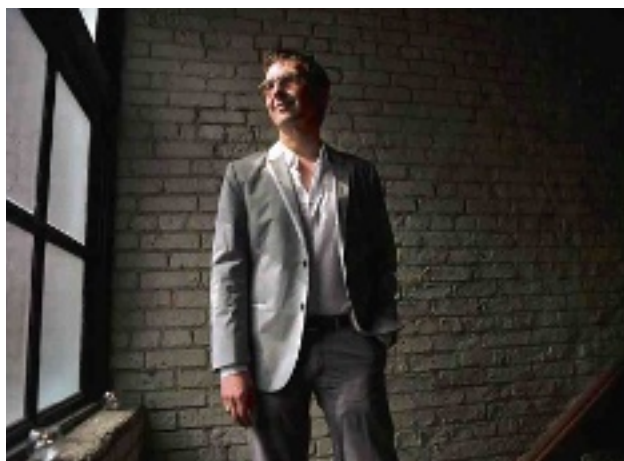
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THE TOP FIVE CFI MOMENTS, ACCORDING TO TOM MCSORLEY



1989 THE VANISHING (Netherlands, Director: George Sluizer)

At the EU Film Festival, a claustrophobic man rushed out of the theatre screaming when the famous scene of the protagonist buried alive in a coffin appeared onscreen. Director George Sluizer was there and helped calm the man down.



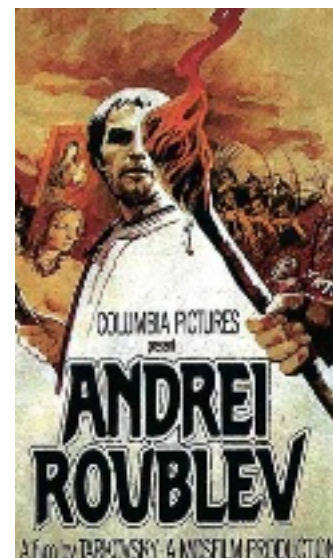
1998 THE SWEET HEREAFTER (Canada 1997, Director: Atom Egoyan)

Atom Egoyan was mobbed for autographs after a screening and onstage interview about his Academy Award-nominated film. It was as if Bono had come to the CFI.



2002 SONGS FROM THE SECOND FLOOR (Sweden, Director: Roy Andersson)

Andersson's brilliant, corrosive satire on our failed civilization drove half the full-house audience out of the theatre in angry disgust, leaving the other half to give the film a standing ovation at its conclusion. Plenty of heated debates in the post-screening reception.



2003 ANDREI RUBLEV (U.S.S.R., Director: Andrei Tarkovsky)

The CFI presented the Ottawa premiere of a new 35mm fully restored print of the 1966 director's cut, with a running time of 205 minutes. The theatre was packed and the silence for this masterpiece of cinema was extraordinary. Not one walkout!

2005 READING ALISTAIR MACLEOD (Canada 2005, Director: William D. MacGillivray)



Renowned author Alistair MacLeod attended the sold-out screening, and engaged in a question and answer session with the audience. One woman stood up and gave an emotional thank you to MacLeod, who had been her English professor at the University of Windsor years earlier. Through her trembling, teary voice, she thanked him for changing her life. It was an emotional moment.

CFI celebrating 80 years

Whether the screenings draw a full house or send audience members home in a huff, the Canadian Film Institute aimed to show thought-provoking movies over the decades. **LUCY SCHOLEY** METRO

It was during a European Union Film Festival years ago when one woman tore into Tom McSorley for his flick of choice to represent her native country of Sweden.

It was not the only time that happened. McSorley, the executive director of the now 80-year-old Canadian Film Institute (CFI) welcomes that reaction — and words of praise — to his international film festival picks.

"You get into a discussion about why and that's really fun," he said. "We're actually talking about culture and taste and esthetics."

Whether the screenings draw a full house or send audience members home in a huff, the CFI has aimed to show thought-provoking movies over the decades.

Throughout the funding cuts of the 1970s and a transition from

daily screenings to a festival-focus, audiences have supported the country's oldest film institute, according to McSorley.


"What accounts for the CFI's longevity is Ottawa itself," he said. "Ottawa audiences come to our screenings and that really is everything because there would be no CFI without an appetite for international cinema."

Since McSorley started as a contract employee in 1986, the

CFI has transitioned to a festival-focused model.

Now, there are 12 festivals a year, including the acclaimed European Union Film Festival, the Ottawa International Animation Festival and the increasingly popular Latin American Film Festival.

The CFI is celebrating its 80th anniversary on Thursday at Jean Pigott Place in Ottawa City Hall between 5:30 and 8 p.m.



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Poets solicit public's help

LAWSUIT

Spoken word group asks for donations to pay legal fees



Joe Lofaro
Metro | Ottawa

A national spoken word organization is asking the public for online donations to help pay the legal fees of several of its members who have been named in a defamation lawsuit.

The lawsuit stems from a November 2014 grievance filed with Ottawa's Capital Poetry Collective that alleged prominent Toronto poet Greg Frankson engaged in sexual harassment and assault.

Ruthanne Edward, who is married to the group's "slammaster," Rusty Priske, filed the grievance with the collective on behalf of 21 anonymous women.

In his statement of claim, Frankson says he was subsequently banned from attending the collective's events. Other poetry groups in cities across Canada enacted similar bans.

Frankson sued Priske and Edward for \$150,000 each in general and punitive damages.

After Edward filed the grievance with the collective, a Dec. 2, 2014 post appeared on Priske's blog. The statements contained in the blog "falsely portray the Plaintiff as a menace who puts the public at risk," according to Frankson's statement of claim.

None of the allegations have been proven in court.

In the past two months, Spoken Word Canada has been soliciting online donations to help pay the legal fees of Priske, Edward and the other members listed in the defamation suit.

Edward has also made appeals on Twitter for help covering the legal fees. When reached by phone Wednesday, Edward declined to comment.

+ BACKGROUND

Reached by phone Wednesday, Frankson's lawyer Jeff Saikaley said he is hoping to resolve the matter through mediation. "It's affected his ability to earn an income in this area. It's affected his ability to perform in his chosen artistic field of slam poetry. It's affected him personally," Saikaley told Metro.

A recent notice on the Spoken Word Canada website states the defamation suit was broadened to include several members.

"These members have neither the insurance nor funds to defend themselves through the lengthy litigation process. The board has retained legal counsel and needs financial assistance to continue receiving counsel and to be defended in court," the notice reads.

WITH FILES FROM TORSTAR NEWS SERVICE



Greg "Ritallin" Frankson has filed a lawsuit against members of a spoken word group. FACEBOOK

IN BRIEF

National Arts Council unveils Presents lineup

The fifth edition of NAC Presents will feature a mix of established favourites and emerging Canadian artists.

The National Arts Centre unveiled the lineup for the 2015-16 edition of the series, which brings dozens of Canadian artists to perform in the capital.

Some shows in the series, such as the Barenaked Ladies (Nov. 21) and acclaimed Newfoundland indie rockers Hey Rosetta! (Nov. 22) had already been announced.

But it was announced Wednesday that emerging artists such as folk band The Weather Station (Mar. 31), Peter Katz (Jan. 29) and Safia Nolin (Nov. 28) will make their NAC debuts.

Meanwhile, established crowd favourites such as country star Corb Lund (Feb. 19), as well as pianists Michael Kaeshammer (April 23) and Oliver Jones (May 19), will make their return to the NAC stage.

For the full series lineup, visit nac-cna.ca/en/presents.

MICHAEL WOODS/METRO

AIRPORT PARKWAY BRIDGE

Second safety audit planned

A second community inspection of the Airport Parkway pedestrian and cycling bridge is in the works to give city officials a sense of residents' safety concerns about the structure that may have cropped up in the summer months.

"We wanted to do a winter one when things were barren and open, and a summer one when there was foliage and hiding spots," said River Coun. Riley Brockington, who is co-hosting a Sept. 2 tour of the bridge area with Gloucester-Southgate Coun. Diane Deans.

He has invited ward residents as well as cyclists, runners and pedestrians who use the bridge, and plans to bring his own two young children, in order to get a sense of bridge safety issues from a



We wanted to do a winter one when things were barren and open, and a summer one when there was foliage and hiding spots.

River Coun. Riley Brockington

variety of perspectives during the Sept. 2 walkabout.

Brockington said he has heard very few summer-related issues regarding the bridge, and reasoned that he likely heard the bulk of concerns during the first safety audit tour in February, which revolved around a "lack of lighting in a certain area, hidden spots without mirrors to see who's coming around the corner."

That inaugural winter structure audit was prompt-

ed after dozens of safety-related complaints came in to Brockington's office. Deans also received a number of complaints.

Those who want to participate in the latest safety audit are asked to meet on Sept. 2 at 7 p.m. at the corner of Plante Drive and Cahill Drive West, on the west side of the Airport Parkway bridge in the Hunt Club neighbourhood.

ERIN MCCracken/METROLAND MEDIA
WITH FILES FROM ALEX ROBINSON/METROLAND

IN BRIEF

Driver charged in Highway 417 dump truck rollover

A 22-year-old man has been charged after flipping his dump truck on Highway 417 and causing a traffic headache for Ottawa commuters Tuesday.

The OPP wrapped up its investigation into the single

vehicle collision Wednesday and charged Timmy Dumouchel of Quebec with one count of careless driving.

Police said the truck struck an overhead directional sign just after 12:30 p.m. before crashing into the overpass bridge

and rolling over into the median.

A portion of the highway was littered with debris.

The collision shut down access to the eastbound lane of the 417, causing traffic to be rerouted as police conducted their investigation. JOE LOFARO/METRO

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Get tasting, not wasted at beer fest



Patrons take in the Ottawa Craft Beer Festival during last year's event at city hall. CONTRIBUTED

BACKSTAGE PASS

Weekend event all about finding your next best brew



Trevor Greenway
Metro | Ottawa

When most of us see the word “beerfest,” we think of giant mugs full of suds, lederhosen and bros double fisting beers until they are wasted enough to think they are masters at drinking

games.

And while this weekend's Ottawa Craft Beer Festival is the biggest of its kind in the province, there won't be any beer pong, flip cup or quarters. Sorry, college freshmen.

“A lot of people see that it's a beer festival and they think, ‘hey, we are going to go, there will be music and we get to drink and party all night, woo hoo,’ but a craft beer festival has a bit of a different focus,” says the festival's executive producer, Phil Dangerfield.

“It is about the opportunity to sample the different available craft beers, so

there is a lot of interaction with the brewmasters and the guests. We are not like a loud rock-and-roll beer festival. Ultimately, this is an opportunity to walk around and possibly find your new beer.”

Dangerfield was quick to point out that he loves a good Oktoberfest beer party where double fisting beers is the norm and patrons usually stumble home, but his festival is all about the craft, the process and the people behind some of Ontario's best microbreweries.

This weekend's festival will boast more than 40 craft breweries on site

at the Aberdeen Pavilion at Lansdowne Park, making it the biggest craft beer festival in Ontario, while scores of brewmasters will be on hand to offer insight into how they have made their beer during the Brewmaster's Seminars all weekend long.

There are 14 seminars being hosted by the Craft Beer Market — everything from Beer 101 to stories from fabled brewmasters from across the country.

Sit down with Central City Brewers' Gary Lohin and just ask him how many beers he has crafted in his over-20 years of brewing in

40
Number of breweries at this year's festival.

the Okanagan.

Or slam a few samples down with Beau's Brewmaster Matthew O'Hara and let your taste buds find out why he has won 80 national and international brewing awards.

“It's really about that experience of sampling other beer, learning how and why that brewmaster has formulated his beer his way,” adds

Dangerfield.

It'll likely be a busy weekend at the festival, if the number of craft breweries sprouting up in the region is any indication. Four years ago, when Dangerfield staged his first craft beer festival, there were just four microbreweries in the area. Now, the region has close to 30.

We not only like to drink beer, but we like to drink good beer to boot.

Tickets for the festival are \$15 in advance and \$20 at the door.

Time to sniff, swirl, swish, swig and swallow. Cheers to beers.

Duffy the only persona non grata amid scandal

What to make of a senior member of Stephen Harper's staff chatting with a witness in the courtroom corridors of the politically charged trial of Mike Duffy?

The Conservative campaign said Wednesday it couldn't speculate on what current director of issues management Nick Koolsbergen was saying to his predecessor Chris Woodcock, who was in the midst of testimony in the Ontario Court of Justice.

“Mr. Koolsbergen was there to take notes, just like everyone else,” wrote



Mike Duffy

campaign spokesman Stephen Lecce, responding Wednesday to an email sent to Koolsbergen.

Still, the hallway tete-a-tete is consistent with one element of the scandal — Mike Duffy remains the only true persona non grata in the Conservative party. Others involved have been kept inside the fold, even receiving promotions, with only one staffer, Nigel Wright, was ever repudiated for his role in the coverup.

Harper has repeatedly laid the blame for the co-

verup at the feet of Duffy and Wright, the “boss,” refusing to entertain the notion that others should bear any responsibility.

The Conservative leader has framed the scandal as one man secretly repaying the improper expenses of another. Other controversial actions of his staff and senators — efforts to curtail or glean information from a confidential audit, the whitewashing of a Senate report, the general misleading of the public — have never been directly criticized or addressed.

While Wright, Harper's former chief of staff, absorbed the brunt of the blame and lost his

job in the Prime Minister's Office in May 2013, others didn't miss a career beat inside the Conservative government.

Woodcock went on to become the chief of staff to then Natural Resources Minister Joe Oliver, before taking an executive job at the Canadian Mortgage and Housing Corp.

Harper's then-principal secretary Ray Novak moved into the chief of staff job, a position he has today in addition to being a senior campaign director.

Parliamentary affairs manager Pat-

rick Rogers became director of policy for Heritage Minister Shelly Glover.

Meanwhile, top Tory senators involved in the scandal, who as parliamentarians are not subordinate to Wright, have never received any public criticism from Harper.

Harper's choice to lay blame with Wright, and refuse to acknowledge any direct responsibility of his own, also appears to contradict the government's stated position on accountability.

THE CANADIAN PRESS



Chris Woodcock

IN BRIEF

Yogis take over the Hill

Under an overcast sky several hundred yogis took a break from the daily grind to stretch their limbs during a weekly yoga session under the Peace Tower.

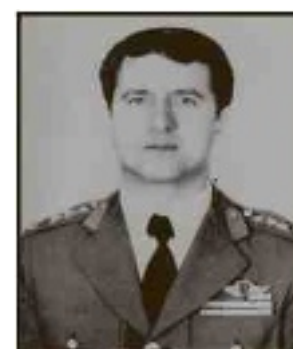
Parliament Hill yoga has been going on since May and runs until the end of September. The lawn in front of West Block is transformed into a yoga studio every Wednesday from noon until 1 p.m.

JOE LOFARO/METRO

INVITATION TO ALTIKAT MEMORIAL SERVICE



The Council of Turkish Canadians (CTC) invites all peace-loving Canadians, especially members of multicultural communities, officials, politicians and members of the news media, to a ***Memorial Service on Thursday 27 August, 2015 between 14:00-15:00 hours in front of the Fallen Diplomats Monument at the Champlain Bridge, Ottawa.*** This date marks the 33rd anniversary of the dastardly killing by Armenian terrorists on this spot of the Turkish diplomat Atilla Altikat and his memory will be remembered by friends and representatives who will honor Col. Altikat and all diplomats who became innocent victims of home-grown and international terrorism. CTC condemn all acts of terrorism and once again ask that Canadian justice be done to bring closure to Col. Altikat's case in the true message of the Fallen Diplomat Monument as a symbol of peace and justice in our multicultural world, now sadly torn by terrorism.



CAMPAIGN TRAIL

Politicians 'screw up' with female voters



Jessica Smith Cross
Metro | Toronto

Finance Minister Joe Oliver's decision to give a speech at a private men's club shows just how badly politicians can "screw up" their appeal to female voters, one political expert argues.

"It's shocking to me that, even today, there are political campaigns and political leaders who

don't understand the optics of choosing to alienate half of the population of Canada," said Siri Agrell, vice-president of communications firm Pilot PMR.

It follows a week of candidates' flat-footed responses to women's issues that have cropped up on the campaign trail.

Oliver's misstep was booking a speaking engagement at Toronto's Cambridge Club, then backing out with hours to spare Wednesday after facing fire online.

Earlier this week, Green Party Leader Elizabeth May's platform was called "anti-feminist," forcing the party to make changes. A debate dedicated to women has also been cancelled after Prime Minister Stephen Harper and the NDP's Tom Mulcair bowed out.

"The timing couldn't be more superb for the opposition and worse for the Prime Minister," said Janni Aragon, a feminist political scientist at the University of Victoria. "In terms of optics,

not good."

The men's club controversy reinforces the public's view of the Conservatives as the party "aligned with elite, white male experience," Agrell said.

The optics aren't good for Mulcair either, Agrell said. But, he's done a better job of talking about policies, such as child care, that appeal to women.

The Liberals' campaign for female voters, meanwhile, has been "quite savvy," Agrell noted.



NDP Leader Tom Mulcair high-fives a girl in a coffee shop in Stratford, Ont., on Wednesday. FRANK GUNN/THE CANADIAN PRESS

Budget up for debate

ECONOMY

Leaders trade barbs over fitness as fiscal managers

Canada's three main political leaders traded accusations of fiscal recklessness and promises of budget prudence Wednesday as the health of the economy dominated the federal election campaign for a third straight day.

NDP Leader Tom Mulcair, trying to carve out a place for his party on the mantle of economic management, promised that a New Democrat government would deliver a balanced budget next year, no matter what.

Easier said than done, countered Liberal Leader Justin Trudeau, who suggested — even as he billed his party as a champion of fiscal responsibility — that balancing the books would likely be a matter of years.

All of which left Conservative Leader Stephen Harper saying what he's been saying all along: the budget is balanced now, but won't be for long if either the NDP or the Liberals form the next federal government.

Asked during a campaign event in London, Ont., whether an NDP government would run

a deficit, Mulcair was unequivocal: "We are not entertaining any thought of that," he said.

However, doing away with the Conservative income-splitting measure won't produce enough extra revenue to cover his spending promises, Mulcair conceded.

He said he will soon detail how he will stay in the black while implementing new programs, including an ambitious promise of a million child-care spaces within eight years.

Trudeau was electioneering on the outskirts of Toronto, an area that looms as a key election battleground. He promised to give teachers a tax break on school supplies they buy with their own money — and dismissed the Conservative government's claims that the federal budget is already balanced. "We are in deficit now," he said.

Balancing the books will be a Liberal priority, he added, but it won't be easy. "How many years it takes to balance that budget is what we will be talking about in the coming days and weeks."

Harper was in friendly territory in rural eastern Ontario, where he promised to spend \$200 million over seven years to expand broadband Internet access for remote areas.

He stepped up his attacks on his main rivals as reckless spend-thrifts. THE CANADIAN PRESS

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WHERE THE LEADERS ARE TODAY



• **Justin Trudeau** will be in Toronto and Oakville, Ont.

• **Tom Mulcair** will be in Ontario: Toronto, St. Catharines and Brantford.

• **Elizabeth May** will be in Oak Bay, B.C.

Stephen Harper's itinerary was unavailable.



Earl Grey, head of the Tuxedo Party, wants the Animal Cruelty Act revised. ZANE WOODFORD/METRO

Federal candidate is the cat's meow

ELECTION

Purrfect campaigner could even win — by a whisker

Rebecca Dingwell
For Metro

A Halifax feline known as Earl Grey is making the leap to federal politics — and cat-crazy folks from around the world are watching.

"We actually have more American followers on our Facebook page than we do Canadians," Hugh Chisholm, Earl's owner and spokesman, said Wednesday.

Earl is currently the leader of the Tuxedo Party of Canada — a group concerned with the ethical treatment of animals in

the country. His symbolic federal campaign was announced this week.

"Because Earl is a cat, he obviously can't go from riding to riding soliciting votes," Chisholm said. To make up for Earl's lack of mobility, the Tuxedo Party has launched a virtual election tour.

Chisholm is mailing out paper cutouts of Earl and his brother, TJ, so folks can take photos with them and have them posted on the website.

Chisholm said they hope it will "make people feel like it's a fun campaign that they can get involved in."

However, there's a serious side to Earl's story.

"We have humour wrapped around the main message," Chisholm said. "We want whoever's elected in government ... to take a serious look at rewriting the Animal Cruelty Act."

Chisholm feels the laws, written in 1892, are now outdated.

"Most cases of animal cruelty, federally, don't really go anywhere because the law is so full of loopholes," he said.

For this reason, the Tuxedo Party is partnering with the Canadian Federation of Humane Societies.

"People can go from province to province to escape getting charged at a national level," Chisholm said.

Specifically, the Tuxedo Party has announced its support to end the sale of household pets on Kijiji Canada. The petition, launched by Barbara Lapointe, is linked on the party's Facebook page.

"We're not opposed to rescue organizations using Kijiji ... it's the puppy mills and backyard breeders who are just using it to make a fast buck," Chisholm said.

MEDICINE

Show kids are vaccinated: CMA

Canada's doctors stopped short of advocating mandatory vaccinations Wednesday, calling instead for parents to prove to school officials that their children have been vaccinated.

A resolution passed at the Canadian Medical Association's annual general meeting in Halifax called on governments to authorize elementary and secondary schools to require parents to declare their child's immunization status.

The resolution also called for public health officials to speak with parents if their kids are

inadequately immunized.

"I want to stress that the proposal does not call for mandatory vaccination, but rather an approach that allows appropriate public health measures to protect vulnerable children in the event of an infectious disease outbreak," said CMA president Cindy Forbes.

Ontario and New Brunswick are the only provinces that currently require immunization records when a child is being registered for school.

Forbes said it's critical that health officials educate the pub-

lic on the importance of immunization, but she said the proposal does not call for mandatory vaccination because doctors realize people don't want to be told what to do.

"It really kind of inflames the conversation and we're looking to have a very reasoned, rational conversation with our patients."

When asked to clarify whether parents would have to provide proof to schools, Forbes was clear: "That is what we are asking — that there's some proof that they've been immunized."

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Baseball diamond built by the Miracle League

A new baseball and sports facility for special-needs children, young adults, and adults is now open in Ottawa, thanks to the generous contributions of the City of Ottawa and one of the country's largest construction companies, EllisDon.

The Miracle League is a non-profit organization that originates in the United States and has expanded to bring accessible baseball and playgrounds into Canada, including the recently opened Ottawa chapter at Notre Dame des Champs Park in Orleans, which includes a new sports field and state-of-the-art support facility.

The City of Ottawa donated the land for this project, as well as 50 per cent of the construction cost while The Miracle League of Ottawa raised funds to support the remaining expenses.

For their part, EllisDon executed the work at no fee and donated the project management costs to the project. The company's building partner, the Building and Construction Trade Council, and local unions, sup-

ported the cause by donating a substantial sum of money and labour.

"This project was the result of all construction entities coming together to work towards a common goal," says EllisDon senior project manager Tracy O'Brien. "It was the combined effort of our sub-trades, unions, and suppliers to build a dream, to look past the usual construction struggles and find solutions to meet the schedule and exceed our budget goals."

There are approximately 3,500 participants from the National Capital Region waiting to use the field and a number of other groups, like physiotherapy clinics, sledge hockey teams, and seniors have voiced an interest in the facilities as well.

"EllisDon is very proud to have had the opportunity to be a team member on this project. We have helped our community, assisted with the revitalization of city parkland and made a lot of kids' dreams come true to be active, social and, most importantly, play ball," adds O'Brien.



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Volunteers from lowernine.org help rebuild damaged homes in the Lower Ninth Ward in New Orleans, La. The area was one of the most devastated areas of the city following a levee breach during the aftermath of Hurricane Katrina. The 10th anniversary of Katrina, considered the costliest natural disaster in U.S. history, is Saturday, Aug. 29. MARIO TAMA/GETTY IMAGES

SPECIAL FEATURE

Ten years after Hurricane Katrina, a Canadian woman heads a small non-profit still working to rebuild homes in New Orleans' worst-hit neighbourhood. Metro's **Rosemary Westwood** reports from the Lower Ninth Ward.

Project Grace and Mercy

This is the second in a three-part series on New Orleans' ongoing struggles ahead of the 10th anniversary of Katrina.

It's only 10 a.m., and already it's dripping, sweltering hot — the kind of heat that makes you wonder why you put on a clean shirt at all.

Errol Joseph goes through three or four a day, working on his home in New Orleans' Lower Ninth Ward, a community made famous by catastrophic flooding after the levees failed in the wake of Hurricane Katrina.

Joseph, 64, is getting into his van when I arrive early one morning. He's taking a rest in the shaded driver's seat before heading to the Home Depot for supplies.

His house was heavily damaged in flooding that left 100 per cent of the neighbourhood uninhabitable. And 10 years later, he's still rebuilding.

Around him, volunteers in purple T-shirts cut tile, paint doorways and tape ceilings. Some are from France, some from other parts of the U.S. All are offering free labour through a small non-profit called lowernine.org.

Executive director Laura Paul was living in Montreal when Hurricane Katrina hit on Aug. 29, 2005. In January of 2006, she stopped in New Orleans as part of a road trip, intending to volunteer for a few days. She never left.



ROSEMARY WESTWOOD/METRO

"Laura has been on my side through thick and thin."

Errol Joseph, Lower Ninth Ward resident

Paul, 44, started out with Emergency Communities, a charity formed in the wake of Katrina, living in a tent in nearby St. Bernard Parish for nine months. She was a founding board member for lowernine.org, created in late 2006 with the realization that at some point house gutting would need to give way to house rebuilding.

"Katrina did not discriminate," she says her voice rising a few decibels. "It's true. Eighty per cent of the city flooded." She pauses. "Disasters don't discriminate — recoveries do. That's an absolute reality."

A reality borne out by a study, released Monday by Louisiana State University, that found the

black population has declined since Katrina while the white population has increased, and white median income is more than double that of blacks, and has grown three times as fast.

The Lower Ninth is a stark microcosm of the inequality. While 79 per cent of New Orleans' overall population has returned, the figure in the Lower Ninth — once a dense community of mostly black homeowners — is 36.7 per cent.

Joseph was born and bred on this block of the Lower Ninth, and he points out the lots where his neighbours used to live: Miss Elsie and Mr. Jesse, Reverend and Mrs. Sutton, Lady Dora, Mr. Alexander, the Gilmores, and the Simmons.

It'll have taken 10 years by the time he moves home (he hopes) for Thanksgiving. He recounts a decade-long maze of paperwork, meetings, damage estimates and mixed messages from government agencies tasked with residential rebuilding. The process has caused his thick black curls to grey, his weight to balloon 100 pounds.

"I'm exhausted," he says. "We have exhausted my retirement, my wife's retirement, our coffee cans," he says. He lists the friends he owes money: the welder, the guy who installed the electricity pole on his property, the guy who helped him raise his house to meet the required height guidelines.

Joseph got hooked up with lowernine.org in 2009, and since then "Laura has been on my side through thick and thin. I started to give up several times. Laura would say, 'No, we going, we going.'"

Joseph's is a story of bureaucratic chaos that makes his home a testament to both a disaster, and a miracle. He calls it Project Grace and Mercy.

Certainly, there aren't many other construction sites in the neighbourhood.

While rents across the city have soared post-Katrina and housing prices are rising, land

value in the Lower Ninth has stayed low, first because the city originally decided part of the area would become green space, and then because of the slow recovery. There was even a failed plan last year to sell lots for \$100 each.

Operating on an annual budget of just \$149,000, lowernine.org has built 77 houses — only 23 fewer than Brad Pitt's much better-known and -funded Make it Right foundation. It is a staggeringly lean organization and it typically provides only labour. Homeowners need to provide building materials.

Lowernine.org isn't perfect. Most of the volunteers need guidance and supervision, sometimes there's a language barrier, and some only stay a week or two. Then a whole new batch needs training.

But I met half a dozen while I was there, and many were repeat volunteers. Graham Hyde, a sardonic 72-year-old from England via France, is finishing his second three-month stint. Vicky Maguire, 32, from Wales, is using her two weeks of holidays to come back a second time. Gregor Ernst, 20, came for seven months from Philadelphia last year, and returned to mark Katrina's 10-year anniversary and help finish the childhood home of one resident he's close with, and see another finally move home.

Paul fields daily calls from residents looking for help, and sees no end to the work, "as long as I

+ PUSH FOR \$50K

#50StatesCampaign

Lowernine.org is trying to raise \$50,000 — \$1,000 in each U.S. state, plus \$1,000 in Canada, too. So far, \$30,000 has been raised. You can donate online at lowernine.org. The campaign ends Sept. 5.

can keep the lights on."

New Orleans, in all its grit and joie de vivre, is Paul's home now.

"You wander down the street and there's a guy in a prom dress riding a bicycle and there's a naked woman and they're all drinking mai tais," she says, and laughs. "It is a passionate and spectacular place to live."

In the midst of efforts to rebuild this community, lowernine.org has created one of its own — of eager international volunteers and determined local residents reclaiming their homes. Joseph says the volunteers who've helped him know they're always welcome at his new, old house.

"I get each one of them to fill out a card about their stay here, and they can make you cry," he says. "You get to be family."

Tomorrow: The gentrification of a troubled city



MUZI LI/CONTRIBUTED

"Disasters don't discriminate — recoveries do. That's an absolute reality."

Laura Paul, lowernine.org executive director

Shootings shown on live TV

FATALITIES

Gunman also posted video of attack on social media

A TV reporter and cameraman were shot to death on live television Wednesday by their former colleague, a journalist who also recorded himself carrying out the killings and then posted the video on social media.

The gunman, who was fired in 2013 from WDBJ in Roanoke, Va., fled the scene and went online, posting the video on Facebook and Twitter. He also reportedly faxed a 23-page manifesto and "suicide note" to ABC News, describing himself as a "human powder keg" that was "just waiting to go BOOM!!!"

Vester Lee Flanagan II, 41, who appeared on WDBJ as Bryce Williams, had evidently been planning the attack for some time, authorities said. As he fled, he switched vehicles, picking up a rental car he had previously reserved at an airport.



Reporter Alison Parker, left, and cameraman Adam Ward were killed during an on-air interview Wednesday in Moneta, Va. COURTESY OF WDBJ-TV VIA THE ASSOCIATED PRESS

Troopers caught up with him hours later and hundreds of miles away after he fatally shot himself and ran off the road.

The live spot by reporter Alison Parker and cameraman Adam Ward was nothing out of the ordinary: They were interviewing a local official at an outdoor shopping mall for a tourism story. Then, at about

6:45 a.m., morning show viewers saw Parker suddenly scream and run, crying, "Oh my God," as she fell. Ward fell, too, and the camera he had been holding on his shoulder captured a fleeting image of the suspect holding a handgun.

WDBJ quickly switched back to the anchor at the station, her eyes large and jaw dropping as

she said, "OK, not sure what happened there." The station later went live again, reporting on their own staff as the story developed.

Parker and Ward died at the scene after the gunman fired about 15 shots. Their interview subject, Vicki Gardner, was in stable condition later Wednesday after surgery for

her wounds.

Video posted on Bryce Williams' Twitter account and Facebook page hours later showed an outstretched arm holding the handgun. The shooter walked up to the victims and stood a few feet away, but with all three in the midst of the live TV interview, none seemed to notice. The gunman waited until Ward's camera was pointed at Parker, and then fired repeatedly.

Flanagan was described by Jeffrey Marks, WDBJ's president and general manager, as an "an unhappy man" and "difficult to work with," always "looking out for people to say things he could take offence to."

"Eventually after many incidents of his anger coming to the fore, we dismissed him. He

did not take that well," Marks explained, adding that police had to escort him out of the station when he was fired.

Ward, 27, was engaged to a producer at the station, Melissa Ott, who was celebrating her last day on the job. Parker, 24, had recently moved in with another co-worker, WDBJ anchor Chris Hurst.

ABC News reported that a man claiming to be Williams called the network, saying he had just shot two people, and was faxing them a 23-page document. That document is being analyzed by investigators, Franklin County Sheriff W.Q. "Bill" Overton Jr. said at a news conference.

"This gentleman was disturbed at the way things had turned out at some point in his life. Things were spiraling out of control," Overton said. The shooting happened around 6:45 a.m. at Bridgewater Plaza in Franklin County, as Parker interviewed Gardner about the upcoming 50th anniversary festivities for Smith Mountain Lake, a local tourism destination.

THE ASSOCIATED PRESS



Things were spiralling out of control.

W.Q. "Bill" Overton Jr., Franklin County Sheriff

OUTSOURCING

No more Oreos for Trump

Republican presidential candidate Donald Trump repeated his claim Tuesday evening that he would stop eating Oreos, citing the cookie maker's decision to close a plant in Chicago and move it to Mexico.

"I'm never eating Oreos again," Trump said, before adding that he would consider it if he could find some that were made in the U.S.

Trump's claim is partly true.

Oreo's parent company Mondelez International Inc. announced its decision last month to invest \$130 million in building four new production lines at a plant in Mexico, which will replace nine older production lines at its Chicago plant.

The number of jobs at the Chicago plant will go from about 1,200 to about 600, said Laurie Guzzinati, a Mondelez representative, but the plant in Chicago will remain open.

Guzzinati noted that Oreos continue to be made in some U.S. plants, including in New Jersey, Oregon and Virginia.

THE ASSOCIATED PRESS



'DUST LADY' 9-11 SURVIVOR DIES OF CANCER Marcy Borders, the New Jersey woman captured in an iconic photo taken after the Sept. 11, 2001, terrorist attacks in New York City, died Monday at her home in Bayonne, N.J., after a battle with stomach cancer, her daughter said Wednesday. Borders, who was 42, had been working on the 81st floor inside one of the Twin Towers in the attack, but she managed to escape the building. STAN HONDA/AFP/GETTY IMAGES FILE; INSET: REENA ROSE

SIBAYAN/THE JERSEY JOURNAL VIA THE ASSOCIATED PRESS

IN BRIEF

Colorado theatre shooter sentenced to life in prison

The man who opened fire on a packed Colorado movie theatre was ordered Wednesday to serve life in prison plus 3,318 years — the maximum allowed by law — before the judge told deputies, "Get the defendant out of my courtroom, please."

The gallery applauded the remark by Judge Carlos A. Samour Jr. as he gavelled the hearing to a close, ending a grueling three-year wait to see the gunman brought to justice. Survivors, rela-

tives and a handful of jurors who were in the courtroom cheered and then hugged prosecutors and law enforcement officers. Some wiped away tears.

Judge Carlos A. Samour Jr. ordered James Holmes, 28, to serve 12 consecutive life sentences without the possibility of parole, one for each of the people he killed in the July 20, 2012 attack. He added 3,312 years for 70 convictions of attempted murder, and six years for an explosives charge.

THE ASSOCIATED PRESS

Suspected train gunman facing terrorism charges

The suspect in a foiled attack on a high-speed train in France is facing terrorism charges, the Paris prosecutor's office confirmed Wednesday.

Authorities say Ayoub El-Khazzani planned to unleash carnage among hundreds of passengers. El-Khazzani, 26, has denied having terrorism plans, saying he stumbled on a bag of weapons and decided to use them to rob passengers.

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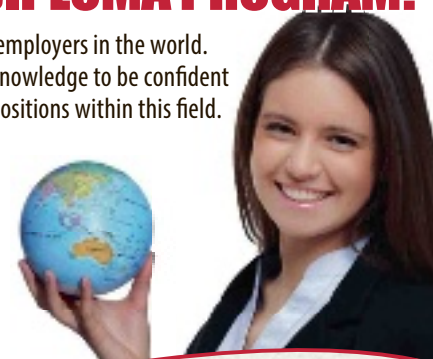
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Displaced people walk to find an unoccupied space to rest after arriving from Bor by boat across the White Nile. Thousands of people fled fighting between government and rebel forces in Bor, South Sudan. BEN CURTIS/THE ASSOCIATED PRESS FILE

South Sudan signs delayed peace deal

EAST AFRICA

President signs despite serious reservations

South Sudan President Salva Kiir on Wednesday signed a peace deal with rebels, more than 20 months after the start of fighting between the army and rebels led by his former deputy.

Kiir signed the agreement in Juba, South Sudan's capital, in a ceremony witnessed by regional leaders. Kiir said he was signing the document despite having serious reservations. He signed the same agreement endorsed by rebel leader Riek Machar, said Kiir's spokesman Ateny Wek Ateny.

Machar, the former deputy president, signed the agreement last week in Ethiopia but Kiir refused, saying he needed more time, drawing condemnation from diplomats who want

a quick agreement to end the violence in the world's newest country.

Kiir was under intense pressure to sign the compromise accord mediated by a group of neighbouring countries, with the U.S. threatening new U.N. sanctions if he failed to do so.

Signing the agreement Wednesday, Kiir said he felt the peace deal had been imposed on him and said it is flawed. Kiir said some aspects of the deal "are not in the interest of just and lasting peace.... We had only one of the two options, the option of an imposed peace or the option of a continued war ... We are here talking about peace."

He accused rebels of attacking positions held by government troops in two areas in the vola-

tile state of Unity on Wednesday.

The agreement binds Kiir into a power-sharing arrangement with Machar, a political rival whose dismissal in July 2013 sparked a political crisis that later boiled over into a violent rebellion. The fighting has often been along ethnic lines, pitting Kiir's ethnic Dinka people against

Machar's Nuer.

The accord calls for the establishment of a coalition government within 90 days and a demilitarized Juba. It also delays national elections

until 2018 at the earliest.

The U.S. and its partners welcomed the signing and said in a statement Wednesday that there would be consequences for those who return to arms, urging an immediate and permanent ceasefire by warring factions.

THE ASSOCIATED PRESS



**We are here talking
about peace.**

Salva Kiir,
President of South Sudan

MIDDLE EAST

Yemeni Scud halted, Saudis say

Saudi Arabia said its military "intercepted and destroyed" a Scud missile fired across the border by Yemeni rebels early Wednesday.

The Saudi military destroyed the missile's launch pad inside Yemen, Saudi's official news agency said. It said the missile was in the Jizan region in southern Saudi Arabia when it was intercepted.

The Shiite rebels, known as Houthis, said in a statement the missile hit a power plant in Jizan.

Yemen's conflict pits the

Shiite Houthi rebels and troops loyal to a former president against an array of forces including southern separatists, local and tribal militias, Sunni Islamic militants as well as troops loyal to President Abed Rabbo Mansour Hadi.

The Iran-supported Houthis took over the capital, Sanaa, last September, and in March a Saudi-led coalition started launching airstrikes against them.

A high-ranking Saudi general was killed Sunday in Jizan by hostile fire. Several dozen

Saudi soldiers have been killed in border attacks since the airstrikes began, mostly by missiles launched by the rebels and their allies.

The Saudi-led coalition meanwhile bombed several locations in Sanaa and in the central Marib province on Wednesday, according to tribal officials and security officials on both sides of the conflict.

All officials requested anonymity because they are not authorized to brief reporters.

THE ASSOCIATED PRESS

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Craft beer evolution

People want more selection and choice

It's no secret that Canadians love their beer, particularly craft beer, which has seen a substantial increase in popularity in recent years.

In the Ottawa area alone, there are roughly two dozen craft brewers open for businesses, with most of the growth taking place in the last five years. Across the province, there are close to 200 craft breweries in operation.

"Craft beer has been on the rise across North America and around the world and it really seems that Ontario is picking up a lot of that steam right now and it's totally driven by people wanting selection and choice," says Lon Ladell, brewmaster at Big Rig Brewery.

It's a trend that has not gone unnoticed. Earlier this year, the Ontario government announced a complete overhaul of beer sales in the province, including a plan that would see beer sold in grocery stores, among other changes.

On top of selling licences to 450 grocers throughout Ontario, the plan also includes



SHUTTERSTOCK

allocating more space and resources for craft brewers at The Beer Store. Under the new rules, 20 per cent of all shelf space, marketing and promotions will have to be dedicated to small brewers.

When the announcement was made, Cam Heaps, co-founder of Steam Whistle Brewing and chair of Ontario Craft Brewers, released a statement, calling it "a monumental day

for craft brewers and for all consumers in Ontario," adding, when fully implemented, the retail overhaul will "unlock craft brewers' true growth potential."

According to Ontario Craft Brewers, an association made up of more than 50 craft breweries from across the province, the industry employs more than 1,000 people directly and more than 4,000 indirectly.

Ladell admits the changes to the retail system could be a game-changers.

"The Beer Store and the LCBO are great trading partners," he says. "Craft brewery owners are always looking for options to sell beer, to have more shelf space to get our products out there, and I think some of those changes are really going to help out the industry."

— Jen Traplin



CONTRIBUTED

MAKE TIME FOR THE CLOCKTOWER

The countdown is on for the Ottawa Craft Beer Festival, and Clocktower Brew Pub is doling out drafts you won't want to miss.

As one of the premier brew pubs in the city, Clocktower continues to keep things interesting by offering beer fans a taste of something a little different. Whether it be its collaboration with The Whalesbone to craft an Oyster

Stout (sans the seafood), or ITS experiments with ginger, cherry, pumpkin, and sour beers, Clocktower is keeping the "micro" in micro-brewery.

The 613 has become a hot spot for craft brewers, and the beer drinkers of Ottawa have welcomed them with open arms and empty glasses. What does that mean for Clocktower?

The opening of a fifth location on Elgin Street this fall, adding another trendy neighbourhood to its lineup, and a thirst to continue crafting original, interesting flavours to satisfy the public's appetite.

So before the time is up, head on over to Clocktower and the Ottawa Craft Beer Festival to toast local brewers and sip outside the usual.



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MUSIC ADDS OOMPH TO CELEBRATION

BEAU'S VANKLEEK HILL OKTOBERFEST

Among the plethora of annual festivals and events in the National Capital Region, Beau's Vankleek Hill Oktoberfest stands out as a weekend that is truly not to be missed. In fact, it's included on the list of the top 10 Oktoberfests in Canada by Canadian Geographic Travel magazine.

The popular two-day Bavarian culture celebration and fundraising event will take place Oct. 2-3, at the Vankleek Hill fairgrounds. Last year, Beau's Oktoberfest attracted more than 19,000 people, raising more than \$106,000 for local community groups and charities.

Since its inception seven years ago, the annual festival has included a stellar concert lineup, but this year's could be the biggest yet. Vancouver-based buzz band Yukon Blonde, which was nominated for breakthrough group of the year at the 2013 Juno Awards, will headline Friday's music lineup. Friday's musical lineup also includes The

Dears, The Pack A.D., and The Elwins. Indie poppers Alvways will headline Saturday night. The band's debut, self-titled album is short-listed for the Polaris Music Prize. Past Polaris winners F****d Up will also be playing the main stage on Saturday, along with Toronto's The Beaches.

Organizers increased the size of the main stage last year, offering festival-goers even better sight lines. They have also added a second stage in the Black Forest tent, where headliners Powernap and The Flatliners will perform. More than a dozen other bands and artists will be playing throughout the weekend, and Ottawa funnyman Tom Green will be performing both nights. During the day on both Friday and Saturday, there will be plenty of traditional Oktoberfest entertainment provided by Walter Ostanek, Canada's Polka King and



Yukon Blonde will headline the Beau's Vankleek Hill Oktoberfest music lineup on Oct. 2. OLIVIA JAFFE PHOTO

winner of three Grammy awards. "When this time of year rolls around again, we get pretty excited about opening the gates," says Beau's co-founder Steve Beauchesne. "Last year, we expanded the festival

footprint and it just gave all the fun more room to breathe. People loved how they could personalize their Oktoberfest experience, and yet how it still totally gels." For tickets or more information about Beau's Oktoberfest, go to beausoktoberfest.ca.



Beau's
Oktoberfest
2015

FEATURING:

YUKON BLONDE / ALVVAYS
THE DEARS / F**D UP / THE PACK A.D.**
TOM GREEN / THE ELWINS / THE BEACHES / WALTER OSTANEK

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BUSES FROM OTTAWA

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AUG. 28 – 30 Aberdeen Pavilion at Lansdowne Park

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ottawacraftbeerfestival.ca



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CRAFT BEER FESTIVAL

Spreading the word about craft beer

New premium casual restaurant coming to Lansdowne Park

Craft Beer Market, a premium casual restaurant with more than 100 beers on tap, is coming to Lansdowne Park.

“There are a lot of great things happening in the Ontario craft beer community and we are excited to help spread the word,” says PJ L’Heureux, president and founder of Craft Beer Market. “We’ve been keeping an eye on the Ontario market for a couple of years and see so much potential for a concept like ours. We did some research and, after a couple of visits, I fell in love with the area. We are very excited to be a part of this historic development.”

Craft first opened its doors in Calgary in 2011 and also has restaurants in Edmonton and Vancouver. Each location was hand-picked with the vision of helping to support and spread the word on fresh



CONTRIBUTED

local food and great craft beers. True to its name, the restaurant offers an extensive selection of beers and serves everything from local craft beers to North American

and European brews.

While the word beer is in its name, Craft Beer Market’s food simply cannot be ignored. Corporate chef Paul McGreevy has

created a menu billed as “new North American classic cuisine.”

“These are timeless comfort dishes and traditional pub favourites, mixed with modern fare and innovative combinations,” McGreevy says. “We pride ourselves on making all of our dishes in-house from scratch and work with local producers and farmers as much as possible to serve only the freshest and most sustainable ingredients available.”

The Ottawa location is expected to open later this year or early 2016, but you can get to know the Craft Beer Market gang this weekend at the Ottawa Craft Beer Festival, where they will be pouring beer from Beyond the Pale and serving their Fast Food Sushi and Hawaiian Ahi Poke.

“Our goal is to create an approachable environment for the community to come together and enjoy great food and great craft beer under one roof,” L’Heureux says. “We are very community focused and look forward to getting to know our neighbours in Lansdowne and Ottawa.”

Keep up-to-date on the opening of Craft Beer Market by visiting craftbeermarket.ca.

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CRAFT BEER FESTIVAL

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CRAFT BEER FESTIVAL

A CHANCE TO SIP AND SAMPLE

The fourth edition of the Ottawa Craft Beer Festival, the largest festival of its kind in Ontario, gets underway this weekend inside the Aberdeen Pavilion at Lansdowne Park, where you can enjoy delicious craft beer and cider samples, rain or shine.

The festival boasts more than 40 craft breweries on-site this year. Along with more than 200 craft beers, you may also discover a few new international beverages, as well as local wine and ciders.

There are a number of new additions to the Ottawa Craft Beer Festival this year, including the Craft Beer Market brewmaster seminars, where you can get the inside scoop on craft beer straight from local, national and international sources. Meet the brewmasters, learn about the development of different beers and the process of opening a brewery.

“The Craft Beer Market brewmaster seminars are a fantastic opportunity to hear the history of different breweries and the creativity that goes into each of their beers and, the best part is, you get to sample the beers as you hear about what makes them special,” says the host of the seminars, Rob Swiderski, operating partner of Craft Beer Market.



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This year also marks the inaugural Craft Beer Run, a five-kilometre fun run along the Rideau Canal. Registration includes a race kit, a two-day pass to the Ottawa Craft Beer Festival and a tasty, cold beer after the race. The Craft Beer Run route starts and ends

at the Aberdeen Pavilion with three start times available.

Proceeds from the run will be donated to Motivate Canada, a national charitable organization that specializes in improving the lives of young people by fostering commun-

MORE INFO

The Ottawa Craft Beer Festival will be held inside the Aberdeen Pavilion at Lansdowne Park Friday through to Sunday.

Hours of the festival are: Friday (3-10 p.m.); Saturday (noon to 10 p.m.); and Sunday (noon to 5 p.m.)

Go online for ticket specials. Online prices are: One-day pass for \$15; two-day pass for \$23; and a three-day pass is \$30 plus HST. Prices increase by \$5 at the gate.

Sampling tickets will be sold on-site for \$1 per ticket.

For more information, please visit ottawacraftbeerfestival.ca.

ity engagement, entrepreneurship, social inclusion and leadership among youth.

Don't miss the National Capital Home Brew Competition, featuring more than 250 entries, on Saturday and Sunday.

There will also be delicious, local food, including Oat and Mill's beer ice cream, live music and other local entertainment, giveaways (including a trip for two to Whitehorse, courtesy of Yukon Air), and many other surprises.

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CRAFT BEER FESTIVAL



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Goal is to help the community

Festivals directly help those with special needs

Knowledgeable Consumption, a not-for-profit, volunteer-run organization may be behind some of the city's premiere beverage festivals, but its main objective is to help others.

Helmed by executive producer Philip

Dangerfield, Knowledgeable Consumption operates four annual festivals in Ottawa — the Ottawa Craft Beer Festival, Whiskey Ottawa, The Beverage Show, and the upcoming, inaugural Kanata Beers and Spirits Festival

While the organization is very much in its infancy, its long-term mission, Dangerfield

says, is to be able to provide help directly to people with special needs.

“The overall goal is to build up some nice programs and help people in the community,” he says.

Despite being a relatively new organization, Knowledgeable Consumption has started to give back, using some of the proceeds from its events to assist with the purchase of a wheelchair for someone in need and reaching out to others looking for help and support.

For more information, please visit knowledgeableconsumption.ca.

WHISKEY OTTAWA

WHEN: Sept. 26
WHERE: LeBreton Gallery, Canadian War Museum
WHAT: The Whiskey Ottawa Festival offers more than \$10,000 worth of whiskies to sample with no drink tickets required. Meet all of the whiskey family — whiskey, rye, scotch and bourbons. The festival will offer you the opportunity to taste whiskies from around the world and learn how to create incredible cocktails. For more information, please visit whiskeyottawa.ca.

OTTAWA CRAFT BEER FESTIVAL

WHEN: Aug. 28-30
WHERE: Aberdeen Pavilion, Lansdowne Park
WHAT: Formerly the National Capital Craft Beer Festival, the Ottawa Craft Beer Festival, now in its fourth year, is the largest of its kind in the province. The festival's main focus is on craft beer, but it also presents a few international beers and ciders. For more, visit ottawacraftbeerfestival.ca.

KANATA BEER AND SPIRITS FESTIVAL

WHEN: Oct. 9-10
WHERE: Hazeldean Mall, Kanata
WHAT: The Kanata Beers and Spirits Festival offers some of the best craft beers in Canada, as well as a few ciders, spirits and local wine samples. For more information, visit kanatafest.ca.

NEW LOCATION!

4TH EDITION

Ottawa CRAFT BEER festival

A production of KNOWLEDGEABLE CONSUMPTION

Aberdeen Pavilion at Lansdowne Park

Friday, August 28 • 3pm to 10pm

Saturday, August 29 • Noon to 10pm

Sunday, August 30 • Noon to 5pm

The 4th edition of the Ottawa Craft Beer Festival will showcase over 40 craft breweries and a combined 200+ craft beers... a few imported beers, local eateries and even some ciders and wine for the non-beer lover out there.

You can purchase the official sample glass or disposal cups are available at the booths for sampling. Sampling is simple. Purchase online or at the festival.

ONLINE TICKETS: 1 day general admission \$15 • 2 day pass \$23 • 3 day pass \$30

AT THE GATE: 1 day general admission \$20 • 2 day pass \$28 • 3 day pass \$35

All tickets are + HST. This is a 19+ age event and there is NO RE-ENTRY to the festival.

For more information and sampling ticket prices, please visit our website, ottawacraftbeerfestival.ca

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Brewers' Seminars

Hosted by CRAFT BEER MARKET RESTAURANT • BAR Where everything's an tap.

Friday August 28th

5:00-5:30pm: Local Beer Bliss with Beau's

6:00-6:30pm: Beer 101 hosted by CRAFT Beer Market

7:00-7:30pm: Bicycle Craft Brewery

8:00- 8:30pm: Cassel Brewery

Saturday August 29th

2:00-2:30pm: Beer 101 hosted by CRAFT Beer Market

3:00-3:30pm: Collective Arts

4:00-4:30pm: Whiprsnabr Brewing Co.

5:00-5:30pm: Dominion City Brewing

6:00-6:30pm: Lake of Bays Brewing Co.

7:00-7:30pm: Sawdust City Brewing

Sunday August 30th

1:00-1:30pm: Beer 101 hosted by CRAFT Beer Market

2:00-2:30pm: NickelBrook

3:00-3:30pm: Central City Brewing

Join us Saturday morning for a nice 5k run or walk. Starting at Lansdowne Park's Aberdeen Pavilion, the 5km route takes you all along the Rideau Canal pathway and then loops back to the start. All finishers are rewarded with a cold beer, courtesy of Beau's All Natural Brewing Co. All proceeds go directly to Motivate Canada.

Coinciding with festival dates, this competition will prove to be more exciting than last year's edition which saw over 300 beers entered and some fantastic prizes given out.

Ticket to Ride!

Your event ticket includes FREE service on any OC Transpo route. See website for details under “Getting to the Festival”

There will be NO ON-SITE PARKING on Sun., Aug. 30

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AUG. 28 – 30 Aberdeen Pavilion at Lansdowne Park

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CRAFT BEER FESTIVAL

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AWARD-WINNING, ALL-NATURAL BEER STOP BY BIG RIG KITCHEN AND BREWERY

In the three years Big Rig Kitchen and Brewery has been open, both the beer and the brand have proven to be local favourites.

The first location, at 2750A Iris St., opened in 2012, while a second east end location (1980 Ogilvie Rd. in the Gloucester Centre across from SilverCity) opened its doors earlier this year. Both locations offer comfort food, as well as award-winning, all-natural craft beer.

“The new location really gives us more of an opportunity to help folks in Ottawa try our beers,” says Big Rig brewmaster Lon Ladell. “It’s a nice way to extend the beer across to the other side of the city.”

Big Rig has four seasonal brews on tap every month, alongside its seven core beers. The brews have been well-received by everyday beer drinkers while also impressing industry insiders and professionals. Big Rig’s brew has won multiple awards, picking up 15 medals at the Ontario Brewing Awards, as well as the title

new brewery of the year. Big Rig also won gold at the Canadian Brewing Awards for its Release the Hounds Black IPA.

On top of the two restaurants, Big Rig recently opened a new brewing facility in Kanata, which allows it to brew, and make available, even more of its craft beer.

The company also plans on offering more of its popular brews in cans, in addition to bottles and draft. You can currently get Big Rig Gold and Big Rig Release the Hounds Black IPA in a can, with both available at Big Rig’s retail locations and at the LCBO.

Ladell says it makes sense to offer more flavours in a different format. “Cans keep beer better, longer — no light gets through, there’s a better seal on the top than a bottle cap so this will allow us to present our beer in a new way.”

For more information about Big Rig Kitchen and Brewery or to book a brewery tasting tour, visit bigrigbrewery.com.



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BIG RIG BREWERY

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ICE COLD BEER!

Experiment with hops, grains

It's easier than you think to start brewing your own craft beer at home — all it takes is a bit of research, a few supplies and a lot of trial and error.

Beer is essentially made up of four ingredients — water, hops, grains (like malted barley) and yeast. The grain provides the beer's colour and flavour, among other things, while the hops provide it with bitterness and aroma.

As the popularity of craft beer continues to rise, so, too, does home brewing, which is now more popular than ever, especially here in Ottawa. This year's National Capital Home Brew Competition at the Ottawa Craft Beer Festival received more than 250 entries. Nationally, there is the Great Canadian Homebrew Competition which, this year, saw a strong showing of entries from across the country.

The easiest way to start brewing your own craft beer at home is by purchasing an introductory beer-making kit. There are a number on the market, depending on what kind of beer you want to make and how much. Smaller kits are available for smaller batches so you can brew your own delicious



SHUTTERSTOCK

craft beer even in a tiny apartment. Most beer-making kits retail for less than \$100 and

include just about everything you need to start brewing craft beer at home.

MAKE YOUR OWN CUSTOM BREW

- 1 Thoroughly clean all of your equipment before you begin. Home brews can easily become contaminated without proper sanitization.
- 2 Soak your grains in hot water for roughly 30 minutes.
- 3 Add hops and bring mixture to a boil.
- 4 After bringing ingredients to a boil, quickly chill to roughly 27 C.
- 5 Pour the mixture (called wort) into a fermenter.
- 6 Strain the hops and add yeast.
- 7 Put the lid on the fermenter so that it's airtight.
- 8 Fermentation takes about two weeks.
- 9 Bottle your brew and then enjoy.

There are plenty of online resources to help guide you through the process so spend some time with your old pal Google or drop by a local home brew supply store, like DeFalco's or Pure Brew, and speak to the experts in person.
— Jen Traplin



CONTRIBUTED

MAKE YOUR PALATE DANCE

Craft beer's popularity is booming across the country. People want a brew that will tickle their taste buds, and that's exactly what craft beer has to offer.

BROUE HA HA is a boutique specializing in craft beers. Located in Gatineau, this boutique has the largest selection of Quebec's finest craft beer in the Ottawa / Gatineau region.

Beer lovers gravitate to BROUE HA HA for the pleasure of choosing from more than 300 bottled beers from more than 50 different Quebec microbreweries. You can choose from light, complex, strong, sweet, hoppy, fruity,

from blond to dark, alcohol-free or gluten-free beers. You name it, BROUE HA HA has it. With new arrivals almost every week, and such a variety in tastes, you are sure to find more than one beer that will make your palate dance.

BROUE HA HA also offers gift cards and gift baskets, which are ideal gifts for beer lovers.

The boutique is open seven days a week. For more, visit brouehaha.com, follow on Twitter at [@broue_ha_ha](https://twitter.com/broue_ha_ha), or visit the Facebook page at facebook.com/brouehaha. [bieres.microbrasserie](https://bieres.microbrasserie.com).

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Mill Street’s new and interesting beers

Brewers talk about the latest news from their brew pub at Lebreton Flats

Metro caught up with Mill Street’s Joel Manning and Tim Hulley for a conversation about what’s happening in brewing at their Ottawa brew pub in Lebreton Flats.

METRO: This is the third year we’ve gotten together to talk about what’s happening at Mill Street, and based on our previous conversations, I’m sure there is a lot to talk about. What have you guys been up to?



Joel Manning

JOEL: We’ve always got a lot going on. Being craft brewers at Mill Street allows us to be creative when we brew, so there are lots of new and interesting beers to talk about. Two of our newest offerings include Edelweiss Pilsner and Belgian IPA. Edelweiss is a classic German Pilsner with a crisp, refreshing bitterness from European Saaz hops, and a pleasant, light, malty taste from authentic Pilsner malt. This golden lager is great for summer drinking. The Belgian IPA is also a great summer quaffer, with a big bouquet from a dry hop infusion of Cascade hops. This unfiltered Belgian style pale ale has a light haze from fresh Belgian yeast, imparting subtle orange and ginger notes.

METRO: Now on to this weekend. What does Mill Street have planned for the Ottawa Craft Beer Festival?



Tim Hulley

TIM: The festival is a very cool opportunity for us to get creative. What we are doing is making a bunch of one-off cask ales specifically for the festival. Cask beers are unfiltered and served from a cask, rather than a bottle, can or keg, without any additional pressure provided by CO2. These are highly customized brews, made in very small quantities, and we decided to take some of our more popular Ot-



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tawa specific beers and make cask versions of them. We have three different casks, and we will be tapping a different cask each day of the festival. On Friday, it’s our Portage Ale, which is a refreshing, old-style cream ale made with Pale Canadian Malt and a blend of European and local hops. Portage has a mellow character and a tasty matiness. On Saturday, we are tapping a cask of Session IPA

made with Jaryllo hops. For hop lovers, the fruity aroma and crisp bitterness is a North American version of the old English Session ales. Our session IPA is big in flavour with a lovely grapefruit aroma. On Sunday, we tap a different cask version of Portage Ale, made with local Hallertau Hops. This is a classic cask of easy drinking cream ale. We will also be pouring six of the more popular beers

from the Mill Street brew pub — Original Organic Lager, 100th Meridian Organic Amber Lager, Tankhouse Ale, Lemon Tea Beer, Belgian IPA, as described above, and Bedrock Brown Ale, which is a variation of the Belgian IPA with massive dry hop infusion.

We are really excited about pouring these uber cool brews for you at the festival, and are looking forward to seeing you there.



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MILL STREET FAVOURITES



New 100th Meridian Organic Amber Lager
Mill Street brews 100th Meridian with light caramel malts, as well as Bravo and Cascade hops from organic farms west of the 100th Meridian. The beer is an adaptation of a 19th-century lager, firmly grounding it in North American brewing tradition. And, of course, it’s certified organic.

Harvest Sampler
Mill Street’s Harvest Sampler will be back in LCBO stores in early fall. It features two great beers — Mill Street Oktoberfest Lager, and Nightmare on Mill Street Pumpkin Ale.



'Let's end the beef'

MCWHOPPER

Hybrid of signature burgers would promote peace

Burger King is hoping to set aside its rivalry with McDonald's Corp., at least for a day.

The fast-food chain is reaching out to its longtime competitor with an unusual proposal: create a hybrid of each company's signature burger — Big Mac and Whopper — and then sell it at a pop-up restaurant in Atlanta for one day. The profits would go to an organization that promotes world peace.

"We're being completely transparent with our approach because we want them to take it seriously," said Fernando Machado, senior vice-president for global brand management at Burger King, in a statement. "It would be amazing if McDonald's agrees to do this."

Burger King created a website, mcwhopper.com, that includes a proposed recipe for the McWhopper. The sandwich has six ingredients from the Big Mac (including special sauce, all-beef patty and cheese) and six from the Whopper (flame-grilled patty, onion, pickles, etc.).

In a response posted on Facebook on Wednesday, McDonald's chief executive officer Steve Easterbrook said his company would "be in touch" about the burger proposal.

"We love the intention but think our two brands could do something bigger to make a difference," he said. "We commit to raise awareness worldwide, perhaps you'll join us in a meaningful global effort?"

Burger King says it thinks the McWhopper can help promote the efforts of Peace One Day.

"As two of the world's largest brands, we're in the perfect position to influence change," the company said in a video on the McWhopper site. "Let's end the beef." TORSTAR NEWS SERVICE



HEALTH VIRTUAL DUMMY TACKLES CONCUSSIONS Dartmouth College engineering graduate Quinn Connell, upper left, controls the movement of the team's Mobile Virtual Player during college football practice on Wednesday in Hanover, N.H., in an effort to avoid concussions. The school says it is the only powered device that simulates a real football player in size, weight, agility and speed. JIM COLE/THE ASSOCIATED PRESS

STOCK MARKET

TSX rises, indexes soar in New York

The Toronto Stock Exchange was solidly higher Wednesday, while indexes in New York soared as buyers flocked back to end a six-day slide, the longest on Wall Street in more than three years.

In Toronto, the S&P/TSX composite jumped up 230.66 points to 13,381.591 after seeing an earlier triple-digit advance evaporate into a slight loss before ramping up again in the late afternoon.

Meanwhile in New York, another afternoon surge Wednesday gave the stock market its best day in close to four years, as stocks rebounded from a week-long slump.

The three major U.S. indexes dropped six days in a row heading into Wednesday on concern

that China's economy is weaker than investors had previously thought. That was the longest market slide in more than three years.

The turnaround at least temporarily ended the bleeding that has driven investors from the market and wiped out trillions of dollars in asset values, but there was no guarantee it would put an end to the recent volatility.

Stock markets around the world have been in flux for more than a week amid deep plunges on China's main market and a decision by its central bank to devalue the yuan in a move to stimulate its slowing economy.

THE CANADIAN PRESS/
THE ASSOCIATED PRESS

market minute



DOLLAR

75.06¢ (+0.13¢)



TSX

13,381.591 (+230.66)



OIL

\$38.60 US (-71¢)



GOLD

\$1,124.60 US (-\$13.70)

NATURAL GAS: \$2.7 US (no change)
DOW JONES: 16,285.51 (+619.07)

IN BRIEF

Windows 10 installed on 75M devices: Microsoft

Microsoft said Wednesday that its new Windows 10 software is running on more than 75 million computers, tablets and other devices — in just under a month since the operating system was released.

Analysts say that's a good start, although the company is hoping to get the software installed on a billion devices over the next three years.

THE ASSOCIATED PRESS

HELLO M

Facebook launches rival to Apple's Siri

Built into Messenger, "M" is Facebook's new personal assistant and potential "Siri" competitor.

Rumours have been circulating about a Facebook personal assistant since July. Facebook has confirmed that the familiar "Hello Siri" may have a competitor in the form of "M."

Facebook's vice-president of messaging products David Marcus wrote, "Today we're beginning to test a new service called M. M is a personal digital

assistant inside of Messenger that completes tasks and finds information on your behalf. It's powered by artificial intelligence that's trained and supervised by people."

The difference between "M" and functions such as "Siri" or "Cortana" is that users only need the Facebook Messenger application. At the moment, "M" is only available in very limited release to users in the Bay Area, as part of its trial period. AFP

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Evenings: 6 pm to 9 pm (6 Levels)

NEW! Saturdays: 9 am to noon (2 Levels)

FULL TIME

4 weeks (60 hours in class and 60 hours online)

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September 14 to October 9, 2015

Levels 1, 3 and 5: 9 am to noon

Levels 2, 4 and 6: 12:30 to 3:30 pm

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September 14 to October 9, 2015

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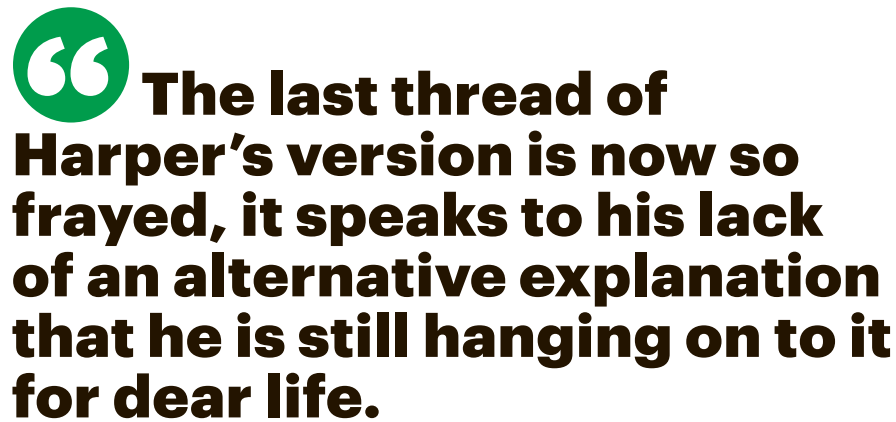
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metroview

As the PMO was dealing with Duffy, Wright and Harper had many other irons in the fire, including a major trade agreement with the European Union and the planning of a mid-mandate

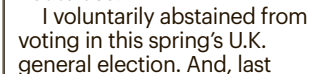
Teneycke made that categorical statement just before the Duffy trial heard compelling testimony that pointed to Novak being in the loop of Wright's initial

One: That Novak — Harper's handpicked replacement for Wright — never read one of the most politically sensitive admissions a PMO chief of staff has ever put in an email or, alternatively, that he did not hear about it from

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

For a mere \$12,000 US — not much more than a typical funeral — San Francisco-based company Elysium Space will lay some of your mortal remains, as ashes, to rest on the moon. The announcement of the service, released with great fanfare this week, doesn't mention concerns about polluting a celestial body that does not belong to us with earthly germs and debris. After all, there's still quite a lot of garbage, including dozens of bags of human excrement, left on the lunar surface from the Apollo missions. SOURCE: CBC

As an expatriate, I don't have the moral right to vote at home



And, one day, if I gain Canadian citizenship, I will vote with pride.

FREE TO SHARE



BOOK EXCERPT LAWRENCE HILL'S THE ILLEGAL

'I'm just running to stay alive'



Author Lawrence Hill
LISA SAKULENSKY

The Illegal (HarperCollins, \$34.99, Sept. 8) is Lawrence Hill's first work of fiction since his critically acclaimed novel *The Book of Negroes*.

The Illegal tells the story of Keita Ali. Running is all Keita's ever wanted to do. He's from Zantoroland, one of the poorest nations in the world, where running means respect. And riches, until Keita is targeted for his father's outspoken political views. He escapes into Freedom State, a wealthy island nation bent on deporting refugees. Keita can stay safe only if he keeps moving. As he trains in secret, eluding capture, the stakes keep getting higher.

Weeks earlier, after Keita's first night in Clarkson — in a forty-dollar-a-night motel that did not demand ID because he paid cash up front — he had gone running in Ruddings Park.

A jogger recognized him as being of the same Faloo ethnicity and asked him to stop. Keita did so briefly, but he didn't give his name or tell the man where he was staying. He listened, though, when the man told him not to travel in cars. Not if he wanted to avoid the immigration cops. They stopped people in cars all the time, the man said, and always demanded the national citizenship card. If you didn't have it, they detained you until they could figure out where to deport you. Some people, he said, spent years in detention centres.

Keita thanked the man and said he had to keep moving. The man asked if he could run with Keita, just for a kilometre. He hadn't run with anyone since leaving Zantoroland, he said, and he missed it. Sure, Keita said. He began running again, slowly to accommodate the fellow.

"So," the jogger said, "have you heard of ZRA?" Keita said he hadn't.

"It's Zantoroland's Refugee Association. We want the government of Freedom State to hear our voices and to stop deporting people who are found without papers." The jogger tapped his shoulder familiarly, like a friend might have done back home. "We need people in the movement."

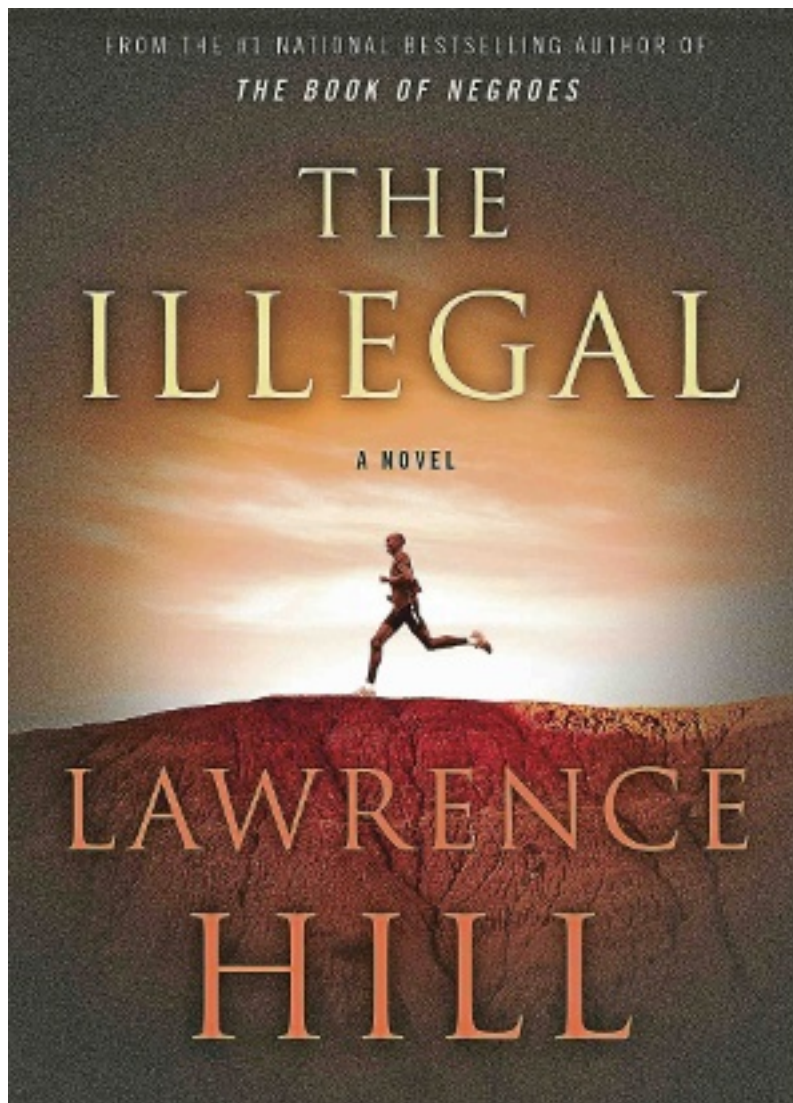
Keita nodded noncommittally.

"By the way, you run beautifully. Are you an elite marathoner?"

"I was. Now I'm just running to stay alive."

"You could be a role model for our cause."

"Sorry," Keita repeated, "but I can't help you right now." And with that, he accelerated and left the jogger behind.



Keita was heeding the advice not to travel by car. Though his muscles were aching, he was sitting at the back of a bus in the Buttersby station, waiting for it to depart for Clarkson. He had killed several hours in the pub, where he sat in a corner, facing a wall, nursing tea and shepherd's pie and hoping to avoid attention. Nobody knew his name or a thing about him, or cared if he was cold or hungry or afraid, but he feared that everyone noticed him.

Keita had boarded the bus the minute the doors opened. The less he was in public view, the better. He chose a window seat near the back. He had barely sat down when a boy — perhaps only twelve years old but travelling alone — took the seat beside him.

To take his mind off his troubles, Keita had turned on his iPod, put the buds in his ears and listened to a country song about a man with a broken heart.

*I got the gotta have you
God I want you
Don't you wanna love me blues
Wait all day for you to call my name
But baby baby baby baby
You ain't got the blues the same
No
You ain't got the same.*

Keita found it odd that here, in one of the richest nations of the world, bad grammar seemed acceptable in music. Still, the words and music were catchy, and he hummed along until a woman across the aisle gave him a nasty look. He stopped and unplugged the iPod. He had to be careful. One did not hum or sing in public in Freedom State — neither while walking around the street nor while sitting on a bus. People in this country took it as a sign of mental imbalance. To Keita, that itself was insanity.

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5

BOOKS TO READ THIS AUTUMN

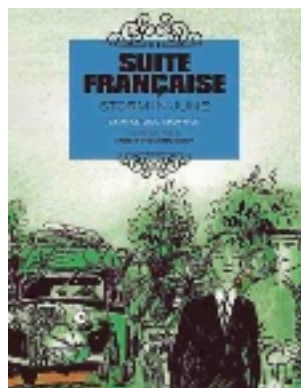
The fall publishing season can be overwhelming with its stacks of big-name authors and titles. Where does one start, when books by Margaret Atwood, Lawrence Hill and John Irving all demand reading? If you're daring, and looking for something a little unusual, perhaps the old adage about judging a book by its cover is worth a try. Based on design (and, of course, author pedigree), here are five titles worth adding to your reading list. **SUE CARTER** METRO

Suite Francaise: Storm in June by Emmanuel Moynot

translation David Homel

In 2004, more than 60 years after she died in Auschwitz, Irene Nemirovsky's posthumous novel *Suite Francaise* became an international blockbuster.

This fall, her story about life in a French village just before the 1940 German invasion gets an illustrated adaptation from French author Emmanuel Moynot. The graphic novel is published by Vancouver's

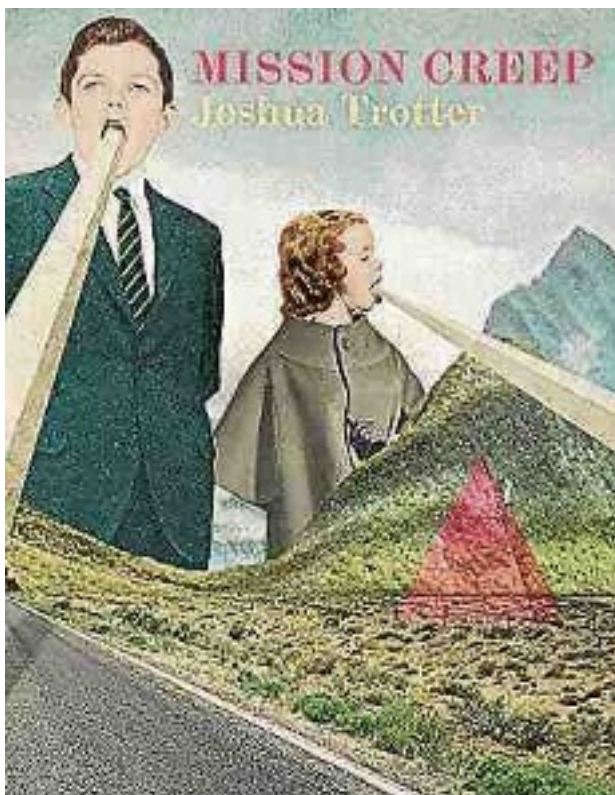


Arsenal Pulp Press, which had great success with another French translation, Julie Maroh's *Blue is the Warmest Color*.

Once They Were Hats: In Search of the Mighty Beaver by Frances Backhouse



This sociological survey of our national animal should be popular with the Suzuki set, and covers more than 15,000 years of history. Before the arrival of European fur traders and their love of fashionably warm headgear, there were more than 60 million of the sharp-toothed critters roaming around North America. Victoria writer Frances Backhouse examines our relationship with the beaver, how we nearly killed them off, and how we might successfully cohabit in the future.



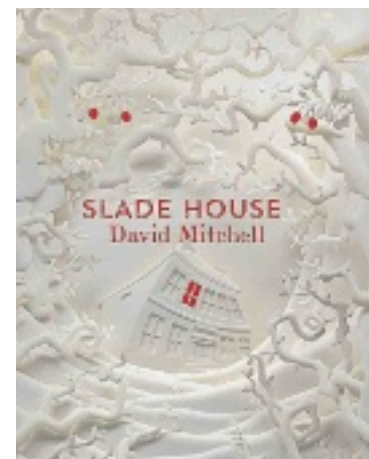
Mission Creep by Joshua Trotter

If there was an award for the most disturbing yet bizarrely hilarious cover this season, Joshua Trotter's new poetry collection by Coach House Books would make the shortlist. Even more intriguing are the book's origins. As source material, Trotter manipulated or "tortured" text taken from the CIA's interrogation manual using audio-editing tools, bringing in other voices such as 1970s stuntman Evil Knievel and philosopher Hannah Arendt.

Slade House by David Mitchell

It's a modern take on a horror story, with a social-media twist. Cloud Atlas and The Bone Clocks author David Mitchell's new novel began as a series of 280 tweets about a haunted residence that acts as a refuge for its "different or lonely" tenants.

Mitchell has plans to tweet more stories from one of *Slade House*'s characters this fall, leading up to the book's release, which happens around Halloween.



This is Your Life, Harriet Chance! by Jonathan Evison

Another kind of haunting takes place in Jonathan Evison's new novel, in which 79-year-old recent widow Harriet Chance embarks on an Alaskan cruise, only to make a huge discovery about her life. Meanwhile, her dead husband keeps popping up. Evison's first three novels have been bestsellers, so expect the same for *Harriet*.





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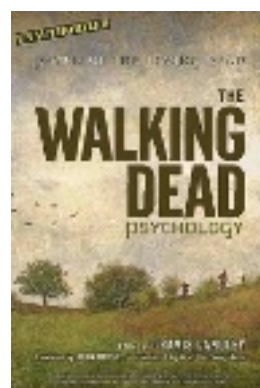




NEW RELEASES

Get lost in these fresh reads

Looking for a juicy read? Check out these two new books. You can get scientific with *The Walking Dead Psychology*, or swept up in a complicated romance with *Who Do You Love*.



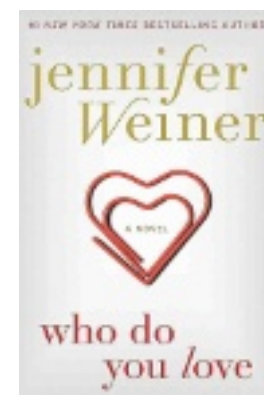
The Walking Dead Psychology
by Travis Langley

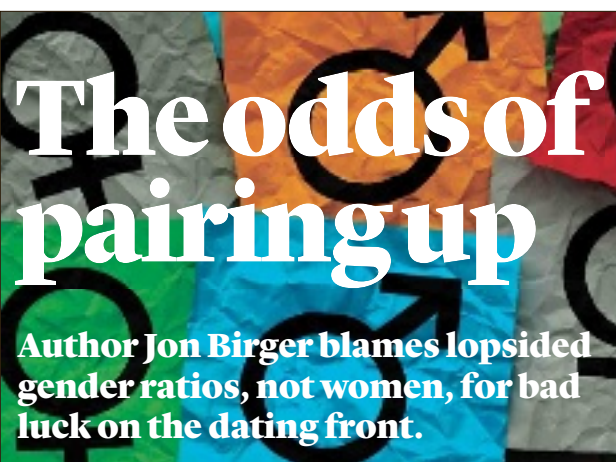
Travis Langley examines what living in a post-apocalyptic world actually does to one's psyche. As a fan, it's easy to get caught up in the drama of the show without thinking about what living in such a stressful, violent environment can do to a person. But Langley really gets into it, which helps you understand the characters even better.

Who Do You Love by Jennifer Weiner

Rachel and Andy meet as kids in the ER and through the next three decades, they keep running into each other. But being together isn't easy. They come from two totally different worlds: Rachel grew up in an affluent Florida suburb while Andy grew up in a bad part of Philadelphia without

much familial support. Watching how their two lives keep intersecting makes for an enjoyable read, but the book isn't fluff. Weiner tackles issues of race, class and the cost of love along the way. **EMILY LAURENCE/METRO IN NEW YORK**





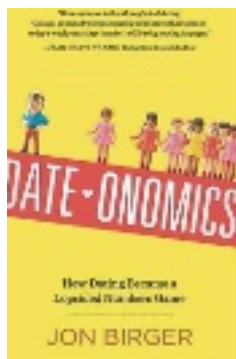
RELATIONSHIPS

Think Freakonomics meets Moneyball in Date-onomics, a by-the-numbers book on dating that argues advice-givers have it all wrong serving up tips for women on how to find a man.

Business journalist Jon Birger has crunched the data on hetero singlehood and blames massively off-kilter gender ratios — not whether you do or do not return his first text — for the woes of women looking for their Mr. Rights.

Married 23 years with three kids, Birger took on the economics, sociology and demographics of dating to help women realize the hookup culture, a decline in marriage rates among the college educated and a dearth of marriage-worthy men willing to commit are byproducts of lopsided gender ratios.

New York City has 100,000 more women than men who are college educated and under 35, a fact not usually reported when dating-related issues are discussed in the media, Birger said. And he writes there's no gender ratio divide when it comes to many rural versus urban areas, or small towns versus big cities.



His hope? That the book, out in September from Workman, provides some comfort to those who blame themselves.

Here's what he had to say in a recent interview:

What myths are you trying to dispel?

I'm trying to offer another take different from what all the conventional dating advice books offer up. The message of a lot of these guides is that women are going about it all wrong. It's

their fault, and my argument is it's not their fault. It's the demographics.

How did you conclude demographics never seem to be part of the conversation?

I just know a lot of single women, really wonderful, smart — they're good company — attractive women in their 30s and 40s who share with me various woes of their single lives, and the concept that the number of women in their dating market outnumber the number of men just never enters the conversation.

Where is the deficit worst?

I know people who live in cities like New York think this is a phenomenon unique to them. But it's a national phenomenon. Nationally, among millennials, there are four college-grad women for every three college-grad men. In fact, the lopsidedness is actually worse in some rural states like Montana and West Virginia than it is in urban states like California and New York.

How do lopsided gender ratios impact behaviour?

In terms of the impact, it doesn't just make it statistically harder for educated women to find a match. It changes behaviour as well.

There's a ton of social science that's been done on sex ratios and the big takeaway is that men are more likely to play the field and delay marriage when women are in oversupply. A big argument of my book is that the college- and post-college hookup culture is largely a byproduct of these gender ratios.

What you see from the census data is that fully employed men age 25 to 30 who successfully marry earn 20 per cent more than fully employed men age 25 to 30 who are unmarried. There are academic studies on the same topic that reach the same conclusion, that a scarcity of women in this instance does lead men to earn more.

THE ASSOCIATED PRESS

IN BRIEF

Everything, Everything to be adapted for big screen

The debut novel by Nicola Yoon will be made into a movie by MGM studios, according to The Hollywood Reporter.

Scriptwriter J. Mills Goodloe will take on the adaptation of Everything, Everything, a YA (young adult) novel centered around a 17-year-old girl with severe combined immunodeficiency.

The disorder causes multiple allergies, which prevents her from leaving the house.

Goodloe has already adapted several novels to the silver screen, notably the 2015 drama Age of Adaline, starring Blake Lively, and The Best of Me with James Marsden and Michelle Monaghan.

Everything, Everything has been compared to other YA movies that

tackle unusual yet real-life-based issues facing young people, such as The Fault in Our Stars.

The latter film was also based on a novel, by YA author and YouTube video blogger John Green.

The book Everything, Everything will arrive in stores September 1.

The novel will be published in 22 territories and 21 different languages.

AFP



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EDUCATION

Suck at math? Parents may be to blame

Anyone can be good at math — as long as their parents don't get in the way. According to new research published in *Psychology Science*, it turns out that "math-anxious" adults could be preventing their kid from being the next Pythagoras.

Ugh, mom and dad really do ruin everything.

The study, conducted by a team at the University of Chicago, observed 438 first- and second-graders and their par-

ents, assessing them on both their math ability and their math anxiety at the beginning and end of the school year.

While the parents did show to have an effect on their kids' performance, math aptitude doesn't appear to be genetic. Math-anxious parents only negatively affected their kids' achievements when they helped them regularly with homework.

"We often don't think about how important parents' own at-

titudes are in determining their children's academic achievement," researcher Sian Beilock said in a release. "But our work suggests that if a parent is walking around saying, 'Oh, I don't like math' or 'This stuff makes me nervous,' kids pick up on this messaging and it affects their success."

But what if a kid really does need help outside the classroom?

"We can't just tell parents, especially those who are anxious

about math, 'get involved,'" lead study author Erin A. Maloney said in a statement.

"We need to develop better tools to teach parents how to most effectively help their children with math."

The study authors say that math books, computer and board games or Internet apps could help "allow parents to interact with their children around math in positive ways."

RAQUEL LANERI/METRO NEW YORK

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Lured in



YouTube star Coby Persin lured teenage girls by pretending to be someone else online. SCREENGAB

INTERNET

Prankster says he wants parents and teens to talk

A YouTube prankster has become an unlikely spokesperson for teen online safety.

Coby Persin, whose YouTube channel is known for prank videos with a touch of social commentary, tricked teenage girls he met online to meet him in person.

"What we found is something shocking and something everyone should see," Persin says in the video, which has been viewed more than 33 million times.

Persin said he posted an ad on Craigslist looking for parents willing to participate in his social experiment. With parental permission, he chatted with six different girls, but only three agreed to meet with him in real life.

According to digital literacy organization Media Smarts, online predators are a rare but real threat. But the organization cautions against scaremongering, and emphasizes that predators who "trick" kids are far less common than more flagrant pedophiles.

"Research shows they rarely lie about their age or their motives. Their tactic is not one of deception but of seduction: they will shower a youth with attention, sympathy, affection and kindness, in order to persuade him or her that they love and

understand them," the organization cautions on their website.

A spokesperson for the RCMP would not comment on the video, but said Internet-related child exploitation is a big concern and parents should be aware of their children's online activity.

"Parents should talk with their children and be involved in every aspect of a child's use of the Internet," said Harold Pfleiderer, a spokesperson for the RCMP, in a written statement.

In about 55 per cent of child-luring cases, the accused was a stranger, according to StatsCan.

6%

About six per cent of all cybercrime reported to the police involved Internet child luring, or just about 86 cases, according to 2012 Statistics Canada data.
TORSTAR MEDIA

Posing as a teen, Persin chatted with girls he friended online, before suggesting they meet. In the video, three girls between the ages of 12 to 14 agreed to meet him in person, only to be surprised by their furious parents.

Persin, whose other videos include him posing as a homeless man, says he was inspired by news accounts of teens being lured by predators.

He hopes his videos teach parents to talk to kids about Internet safety. "Don't talk to strangers online," he said. TORSTAR NEWS SERVICE

GOSSIP IN BRIEF KYLIE 'FLATTERED' BY SEXY SONG, POLICE TO REVIEW UNSAFE DRIVING CHARGES

Kylie Jenner OK with Tyga song

While the rest of us — and the Kardashian family — might have found Tyga's new track, Stimulated, which details his penchant for "penetrating" 18-year-old girlfriend Kylie Jenner, a little — um — disturbing,



it turns out Jenner herself is totally fine with the track. Flattered, even. "Kylie actually thought that the song was cute and knew about it before it came out," a source tells Radar Online. "It is her first true love and she is very much thinking that she will be with him forever." How ... sweet? But: "There is nothing that Tyga could ever do that would make Kylie walk away from him," the source explains.

"She does not even try to argue with him because he has somehow convinced her that he is the best she will ever get, and she believes him." Sounds totally healthy, yeah. NED EHRBAR/FOR METRO

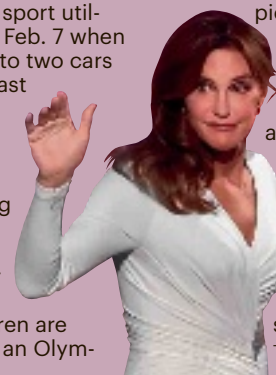
Manslaughter evidence reviewed

Prosecutors on Tuesday began reviewing evidence, considering whether charges should be filed against Caitlyn Jenner in a collision that killed a woman on a coastal California highway.

The case was being examined by the Los Angeles County district attorney's major crimes division, said Greg Risling, a spokesman for the district attorney's office. There was no timetable for when prosecutors will decide whether to file charges, he said.

Authorities said Jenner was driving a sport utility vehicle on Feb. 7 when it slammed into two cars on Pacific Coast Highway, pushing a Lexus driven by Kim Howe into oncoming traffic.

Howe, 69, died from her injuries, and her stepchildren are suing Jenner, an Olympic gold medalist. Sheriff's investigators determined that Jenner, 65, was travelling at an unsafe speed for the road conditions at the time and the evidence supports a vehicular manslaughter charge, the department said last week.



THE ASSOCIATED PRESS

MARRIAGE

Vergara's man gets cold feet: Source

There may be troubling in paradise for soon-to-wed Sofia Vergara and Joe Manganiello, and it's reportedly all down to the groom-to-be's pre-wedding jitters. "Joe is low-key flipping out right now," a source tells Radar Online. "He said that he does not think he is ready, and all of his friends are telling him to calm down and that he is just having a case of the cold feet."

So what's the main



cause of Manganiello's gripe? The scope of the event. "Sofia's having people fly in from all over the world, and two-thirds of the guests that are coming are invited by her. Joe keeps his circle very small," the source says. NED EHRBAR/FOR METRO

Desperately seeking out of sitcom?

SEX IN THE CITY

Source says SJP really, really wanted off the HBO show



Sure, Sarah Jessica Parker did some career-defining work as Carrie Bradshaw on HBO's Sex in the City, but you would not believe how much she didn't want to do the show at first.

Or maybe you would, I don't know. I'm not a mind-reader.

But anyway, fellow thespian Seth Rudetsky just finished a production with Parker and her husband, Matthew Broderick, in Prov-

incetown, Mass., and he's come home with some revelations from the lady herself that he's sharing over on Playbill.com.

Chief among them is the lengths Parker went to in order to try and get out of her Sex in the City contract.

"She was reluctant to do the pilot because she didn't really want to do a series. However, she loved the script so she filmed it and then forgot about it," Rudetsky writes.

"Months later she found out the show was picked up and she completely wanted to get out of it. I mean, completely."

So, completely, then? "She tried various ways to get out of it including telling HBO that she would film three projects for free if they'd release her from her contract," he reveals.

That's pretty severe, as far as negotiating tactics go.



Seth Rudetsky claims that early on, Sarah Jessica Parker went to great lengths to get out of her Sex in the City contract.

THE ASSOCIATED PRESS FILE PHOTO, ALL OTHER PHOTOS GETTY IMAGES

VMAS

Kanye's Vanguard

If you were worried that there might be fewer reasons for Kanye West's ego to keep itself inflated, rest easy.

MTV has announced that it is celebrating West with this year's Video Vanguard Award — basically the network's lifetime achievement award — at the VMAs. Previous recipients have included Michael Jackson — for whom the award is named — Madonna, Beastie Boys, U2 and Beyoncé.

I can only assume Taylor Swift will be getting it next year.

NED EHRBAR/FOR METRO



Kanye West



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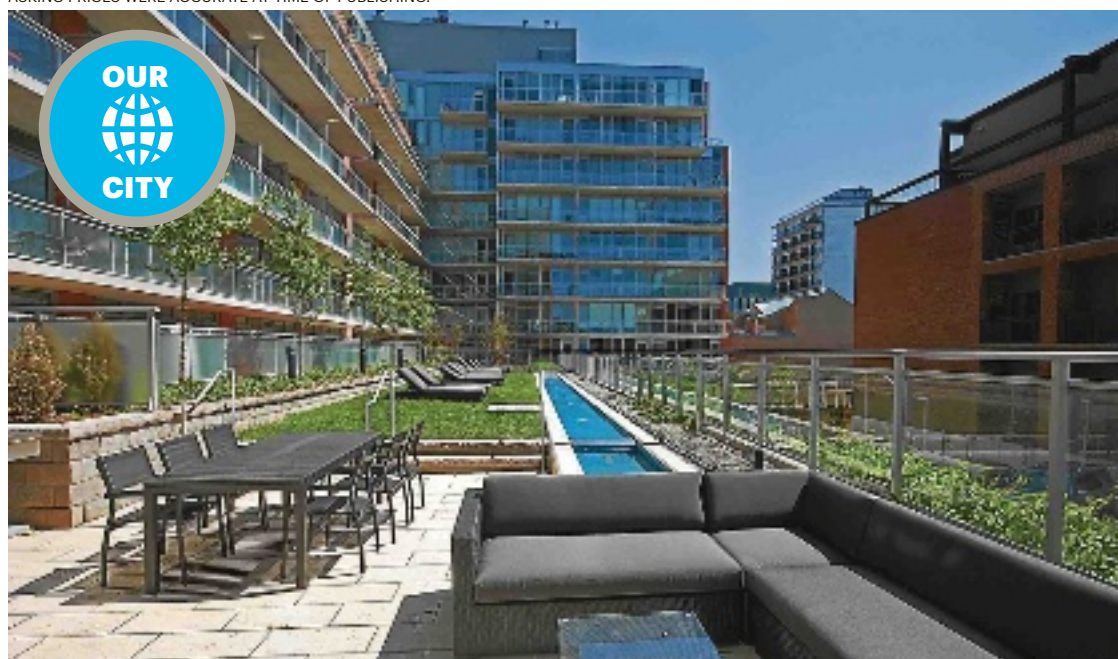


What they're asking

Midrise condominium buildings blend well into existing, established neighbourhoods. This week, Metro looks at one-bedroom suites in newer resale midrise buildings around the downtown.

Duncan McAllister FOR METRO

ASKING PRICES WERE ACCURATE AT TIME OF PUBLISHING.



\$234,900

Ottawa

For sale is a well-laid-out loft-style apartment at 360 McLeod St., in the Centretown area. Built in 2013, it's located in the heart of downtown, with a view of Bank Street from its floor-to-ceiling windows with western exposure. Listing agent Elaine Smallwood says the building has mostly young urban professionals who walk, bike or bus to wherever they are going. The suite has concrete pillars and ceiling, as well as hardwood and tiled floors, and a stainless appliance package. Amenities include a pool, patio, barbecue, a gym and media room. Smallwood is a sales representative with Royal LePage Performance Realty, 613-859-6129.



\$488,800

Calgary

This rare, top-floor unit at Providence Kensington is located in the Hillhurst area. It faces south to enjoy the sunlight, and the downtown skyline out the patio door. "This unit is one of the nicest in the building," says listing agent Justin Havre. There's a built-in desk, and a modern, high-end Murphy bed. The kitchen features granite counters, rich cabinets, cork floors, air conditioning and underground parking. The building is in the heart of Kensington, close to shopping and downtown. Havre is an associate with RE/Max First, 403-278-2900.



\$285,800

Edmonton

Here's a trendy, 829-sq.-ft., one-bedroom condo for sale in the Century Park building. It features a modern, open floor plan with nine-foot ceilings. The suite includes granite countertops in the kitchen, a counter-height eating bar and stainless steel appliances. The bathroom has an enclosed glass shower and marble tile. There's an exercise room in the building and an underground parking spot. It's close to shopping and restaurants, and the LRT is at the door. Listing agent Darlene Strang is an associate with Re/Max Real Estate, 780-908-3131.



\$297,900

Halifax

This one-bedroom suite at The Anchorage in Dartmouth overlooks the canal with harbour views. It features an open-concept floor plan with floor-to-ceiling windows to maximize natural light. Listing agent Rose Brine says that residents have access to the Marina. The kitchen has high-end Bosch stainless steel appliances and polished granite countertops. The great room is perfect for entertaining, with a breakfast bar dividing the living room and kitchen. Brine is an associate with Royal LePage Anchor Realty, 902-471-2934.



\$369,900

Vancouver

Here's a charming unit for sale on Robson Street in Vancouver. The Robson Garden is a well-managed all-concrete building located in the dynamic downtown core. The suite is a large, south-facing one-bedroom unit with lots of light, private and very quiet, with views of the city skyline. The building boasts a Walk Score of 98, and parking is available for \$25 per month. The listing agent is Yi (Leo) Zhang with Sincere Real Estate Services, 778-238-9619.



\$338,000

Toronto

"A boutique condominium with a superb location," says listing agent Alex J. Wilson. The unit is located in the heart of Toronto's financial and entertainment districts. The condo is close to the University subway line, as well as shopping, theatre and restaurants on King Street West. Building amenities include an outdoor pool, games room, a party room, and 24-hour concierge. The suite includes all windows coverings and appliances. Wilson is with RE/Max Condos Plus Corporation, 416-996-5181.



\$169,900

Winnipeg

What's old is new again at this midrise building in the Crescentwood neighbourhood. This character condo has been completely modernized and restored. Listing agent Kenneth Clark says, "This one was built in 1923, a three-storey walk-up. The suite is gorgeous and completely remodelled." It features a bright and sunny top-floor location, a corner suite with windows on three sides. Bus service is at the door, and a grocery store and trendy restaurants are walkable. Clark is a broker with Realty Executives Premiere, 204-955-3887.

Fashionable tech for the fall

DESIGN CENTRE

Karl Lohnes



1 Kate Spade Hard Shell

Wrap your phone in one of the most wanted names in fashion. \$45

2 MiPow Playbulb Candle

A LED votive candle that's also a safe nightlight. Brightness and colours can change by simply downloading an app on your smartphone. \$30

3 180s Earwarmers

Not only will your ears be cosy on the way to class, you can listen to your favourite tunes via Bluetooth technology. \$80

4 Bang & Olufsen BeoPlay A2

This portable speaker gets an A-plus for sound and style. \$500

5 Herschel Little America Backpack

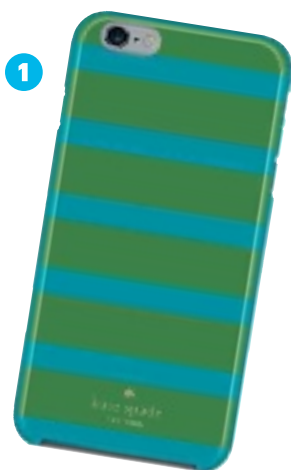
Old-school durability with a built-in padded laptop sleeve and easy-access media pocket. \$100

6 Felix TwoHands Tablet Stand

Let your laptop or tablet stand at the perfect viewing angle by clipping on these extra set of hands. \$25

It's back to school time and that means outfitting your dorm room (and yourself) with some styling accessories. I recently discovered iStore, a new tech accessories retailer offering fashion-forward wearables, products

for the home, along with entertainment and mobile devices. They've got 13 locations to help make being geeky ultra cool, whether it be for back to school or work. Check out a few of my faves at iStore-World.com.



INTERIOR DESIGN

How to get a homemade feel

No matter his client's taste or budget, interior designer Brian Patrick Flynn follows this rule: For every large, manufactured item that he adds to a room, he also includes three handmade pieces.

They might be anything from "patchwork pillows and handwoven throw rugs to a repurposed object made into a table lamp," he says. They could be expensive or totally affordable. The key is they were made by a person, not a machine.

"Handmade objects have become more and more in demand over the past 10 years," says Flynn, of Flynnside Out Productions. "People seem to really love the story behind how things are made," and they want their homes to have the meaning and character that handmade pieces evoke.

With flea market and craft fair season in full swing, we've asked Flynn, and Betsy Burnham of Los Angeles' Burnham Design, what kinds of handmade items they seek, where to find them and how to use them in decorating any space.

What works

It's easiest to start small, with handmade accessories. The items on your coffee table might include hand-thrown pottery or hand-painted trays, side-by-side with books and other mass-produced pieces. Handmade candle holders and pillows are also easy to find, as are little sculptures and other small pieces of art.

"Any accessory collection should include organic or handcrafted items because, honestly, who wants shelves full of manufactured knickknacks?" asks Burnham.

Flynn likes to have one or



Two simple, handmade wooden sculptures add a casual charm to a fireplace designed by Burnham Design.

BURNHAM DESIGN VIA THE ASSOCIATED PRESS

two handmade fabrics in every room — for instance, the artisanal fabric of Zak and Fox, which Flynn says "look like they were made by tribes hundreds of years ago, but somehow they also seem modern."

Where to find it

Flea markets and craft fairs are perfect places to buy handmade or just browse for ideas. And the Internet has made finding handmade items easy year-round: Etsy.com and UncommonGoods.com are two popular sites.

When you find something, try to discover a bit about its history. Burnham's clients enjoy handmade items more "when they know the provenance and the story behind a piece," she says.

How to use handmade decor Flynn loves to place objects made from stone or other materials with "organic imperfections" on smooth, machine-perfect surfaces.

"When I've got pristine bookshelves to display interesting things," he says, "I love the juxtaposition of a fluid, biomorphic shape with rough texture against something rigid and linear."

"That creates visual tension, something designers use to add depth."

You can also magnify the appeal of something traditional — a classic fireplace mantle, for example — by hanging a colourful, whimsical piece of handmade art over it.

THE ASSOCIATED PRESS

12-11

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HOUSEOFPAIN.TA

Get schooled in smartphones

Mike Yawney
For Metro

Smartphones have replaced many of the school supplies we used to tote to the classroom each fall.

They are our new scientific calculators, voice recorders, encyclopedias and dictionaries. Here are some of the best smartphones for students returning to school this September.

IPHONE 6 PLUS \$969 (NO CONTRACT)

A thin and light smartphone with a beautiful screen, Apple's iPhone 6 Plus is a powerhouse.

The 5.5-inch screen not only boasts incredible resolution, but gives students enough on-screen real estate to get



work done. With hundreds of thousands of apps, your iPhone can be used for just about anything. On top of all this, the built-in M8 motion coprocessor tracks movement to help students achieve their fitness goals, as well as get good grades.

MOTO G \$199 (NO CONTRACT)

Rugged and durable, Motorola's latest smartphone is perfect for the student lifestyle. Toss it in a locker, or pitch it in a backpack, the smartphone will withstand almost anything a student throws at it. The Moto G is water resistant to protect it against leaking drinks, and the Gorilla Glass



will ensure the screen remains free of scratches. Students can also customize the look of this Android phone with Motorola Shells, which come in a variety of colours and materials.

LG G4 \$699.99 (NO CONTRACT)

The perfect phone for students who love to document life on campus. The 16-megapixel rear camera takes incredible photos even in low light, while the front-facing 8-megapixel camera is perfect for selfies or pictures with friends. The front camera also records in full 1080p HD, creating bright and vibrant video messages and videos for family and friends, near or far. This phone also features a manual camera mode, giving users ul-



timate control over their photos.

SONY XPERIA M4 AQUA \$300 (NO CONTRACT)

Remember the days when cellphones lasted more than a day on a single charge? Sony takes us back to a time when battery life mattered

with this Android handset. A single charge will last two days, ensuring you never hear the phrase "sorry, my phone died" from your teen ever again. Not only is it waterproof, it's also dust proof, ensuring no annoying specs get under the glass screen.

SAMSUNG GALAXY S6 EDGE \$849.99 (NO CONTRACT)

A stylish smartphone that stands out from the crowd with a screen unlike any you have ever seen. By wrapping around the outer edges, the screen not only gives more



space to work on, you can also see notifications even if your phone is sitting face down on your desk. The rapid-charge feature gives you four hours worth of use after just 10 minutes of plugging it in. If you purchase a charge pad, you can take advantage of the wireless charge feature, which gets rid of annoying cables.

ASUS ZENFONE 2 \$379.99 (NO CONTRACT)

This beautiful smartphone not only looks stylish, but is ergonomically designed to fit comfortably in your hand. Not only does this phone feature a quad-core processor, it's also the world's first to feature up to 4GB of dual-channel DDR3 RAM, ensuring it handles any app or task you throw at it with ease. The 13-megapixel camera features a Super HDR mode, which



expands the dynamic range by four times, allowing you to snap photos of your friends in ultra-bright environments, even in front of a setting sun, with amazing results.

HTC ONE M9 \$699.95 (NO CONTRACT)

All work and no play makes for a boring student life. This Android device is ideal for not only school work, but for everything else that happens after class. With access to the Google Play store, you have all the apps you could ever need. When the work is done, enjoy movies and videos with dual front speakers, which give immersive sound unlike anything you've ever heard before on a smartphone.

Clockwise, from top left: LG G4, \$699.99; Samsung Galaxy S6 EDGE, \$849.99; Sony Xperia M4 Aqua, \$300; iPhone 6 Plus, \$969; HTC One M9, \$699.95; Moto G, \$199.

Make your next app a smart download

Smartphones and tablets have changed the way we learn both in and out of the classroom. With hundred of thousands of apps, smartphones are no longer used just to chat with family and friends, they have become powerful educational tools.

Here are some of the best apps for students, whether they are heading to pre-school or university.

SLICE FRACTIONS — \$4.59 IOS, ANDROID

This fun and intuitive app helps children between the ages of six and eight learn about fractions. Aligned with most major curriculums, the app features more than 90 puzzles designed to challenge kids. The clever user interface gets them learning by slicing shapes, not reading text. It's so much fun they don't even know they are learning. Best of all there are no ads or in-app purchases.

BRAINSCAPE — FREE (IN-APP PURCHASES) IOS

Flashcards are a simple yet efficient way to study. This app lets students create their own cards on a wide variety of subjects and topics. Using repetition, the app

repeats the cards in calculated intervals to promote learning. Study by yourself or share cards to study in groups. If you don't have time to make flashcards, you can purchase pre-made sets within the app itself. New topics are added every week.

ALARMY — \$1.99 IOS, ANDROID

Never sleep in again. Alarmy forces you out of bed in the morning, making sure you don't hit the snooze button. The alarm won't turn off until you perform a certain set of tasks.

You may be asked to take a picture of a certain item, or shake the phone up and down a set number of times. If you don't complete the task the alarm continues to ring.

IHOMEWORK — \$1.99 IOS

Simplify busy student life with this slick app. Students can keep track of upcoming work and reading assignments with the colour-coded calendar. The reminders feature will ensure they don't forget about upcoming projects. Those concerned about grades can keep track of marks throughout the year so they know where they stand before heading into

exams. The app is also ideal for students attending new schools, as you can mark course locations on a map so you are never lost or late for class.

TIMETABLE — FREE ANDROID

Similar to the iHomework app, Timetable for Android devices is ideal for tracking assignments, classes and exams. Timetables can be viewed as a list or grid, plus they are searchable, making it easy to find due dates for assignments. The app automatically silences your smartphone when in class so you don't embarrass yourself when it rings out loud during a lecture.

MINT — FREE IOS, ANDROID, WINDOWS PHONE

It's easy to spend money when your bank account is filled with a student loan. Mint helps students stay on track of their spending habits, customizing budgets and setting limits for eating out, clothing, drinking, and more. When you get close to your limit, the app sends a warning. Mint syncs to your bank account so you can see exactly how much money is in your account at any give time.



BRAINSCAPE



READING RAVEN



SLICE FRACTIONS



THE PHOTO COOKBOOK: QUICK AND EASY

This app has been around for a number of years but remains one of the best budgeting apps out there — even if you aren't a student.

READING RAVEN — \$4.59 IOS

Give your child the upper hand this year with this unique reading app. Based on the proven phonics-based approach, this app lets children learn to read at their

own pace through letter games. The app will not only help kids sound out letters and words, it also encourages them to trace the letters, helping them to write. Available for a wide variety of ages.

THE PHOTO COOKBOOK: QUICK AND EASY — \$4.59 (IN-APP PURCHASES) IOS

Ramen may be a staple of

student culinary life, but it shouldn't be the only thing they eat. This beautiful app gives students a variety of dining options complete with instructions and full colour photos. The best part is every single recipe can be made in 30 minutes or less. The basic app has 84 recipes included, but more can be purchased as you become more adventurous.

MIKE YAWNEY

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Yankees outfielder Carlos Beltran watches as fans vie to catch a home run ball hit by the Astros' Evan Gattis on Wednesday in New York. FRANK FRANKLIN II/THE ASSOCIATED PRESS

Evan almighty over Yankees

MLB
Gattis' pair of homers lifts Astros to series victory

A green laser beam bounced around a fog-filled clubhouse, music blared from all corners of the darkened room. It's a post-game party that's becoming commonplace with these Houston Astros.

Evan Gattis hit two home runs, Collin McHugh excelled once again and the Astros exceeded last season's win total, beating the New York Yankees 6-2 Wednesday.

"You could tell the pieces were here," said Gattis, in his first year with Houston. "We're not on an island out there. We could see it."

Still, did he expect such a dramatic turnaround?

"Maybe not this quick," he said.

The AL West leaders improved to 71-57, a year after going 70-92. With almost six weeks left on the schedule, the Astros already have achieved their best season since 2010.

Houston also managed to win a road series for the first time since mid-June at Colorado, taking two of three at Yankee Stadium.

"We see what we've done and

WEDNESDAY IN N.Y.

6

ASTROS

2

YANKEES

Go to metronews.ca for coverage of the Blue Jays' game against the Rangers in Texas.

haven't done," McHugh said. "It's always there."

Following four seasons in which they averaged 104 losses, the Astros now lead the majors in home runs and have the best ERA in the AL and the most stolen bases.

"We have a lot of strengths," manager A.J. Hinch said. "We can do a lot of damage."

The Yankees have lost five of seven, a slide that's cost them first place in the AL East. The Astros kept them skidding.

"They pitch very well, good defence and they hit the ball out

of the ballpark. That's a pretty good combination," Yankees manager Joe Girardi said. "And they can steal bases."

"They got the best of us," he said.

Gattis sliced an opposite-field shot to right in the second inning and launched a long drive into the left-field seats in the eighth. His third homer in two days gave him 22 this year and boosted the Astros' total to 174.

McHugh (14-7) kept up a recent run of ace pitching, both for himself and the team. Houston has won seven of nine, setting a team record by not permitting more than two runs in any of them. The last AL team with a longer streak was Baltimore in 1974, which went 10 in a row.

Michael Pineda (9-8) came off the disabled list after missing nearly a month because of a strained right forearm. He was tagged for five runs on six hits and a walk in 4-1/3 innings.

THE ASSOCIATED PRESS

+ IN SEATTLE

Mariners 8, Athletics 2
Felix Hernandez made just two mistakes in eight strong innings, Nelson Cruz hit his AL-leading 39th homer and drove in three runs and Seattle beat the Oakland 8-2.
Hernandez (15-8) allowed

a homer to Billy Burns on the first pitch of the game and a solo homer to Brett Lawrie on the first pitch of the seventh inning.

Hernandez struck out seven, walked one and became the second AL pitcher to reach 15 wins.

PGA

Golfers in battle to stay above cut line at The Barclays

Recent history is what gives Hunter Mahan a level of optimism he would not ordinarily have at The Barclays.

For the first time in 10 years, he is at risk of ending a PGA Tour season without once finishing in the top three. For the first time in more than six years, Mahan is out of the top 50 in the world ranking. He starts the FedEx Cup playoffs at No. 71, his lowest position since this series began in 2007.

Mahan is the only player to have never missed a playoff event. That streak is in jeopardy.

He also knows how quickly it can turn around.

"Takes one good week to propel you up the board," Mahan said. "And you can change the schematic of the whole thing."

A year ago, Mahan was No. 62 in the FedEx Cup when he closed with a 65 and won The Barclays. That moved him to No. 1 in the standings, assured him a spot in the Tour Championship and impressed Tom Watson enough that he used a captain's pick on Mahan for the Ryder Cup.

"You can have an OK season and all of a sudden you play good

100

Only the top 100 advance to Deutsche Bank Championship next week, and the top 70 move on to the BMW Championship. The top 30 go to the Tour Championship.

at the right time and be a FedEx Cup champion," Mahan said. "It does feel like a late-season push here. You can kind of for-

get where you've been and you can really be right here because you know good play right now means a lot."

Only the top 125 in the FedEx Cup are eligible for the playoffs, and there are some big names missing, including Tiger Woods and Martin Kaymer.

Masters and U.S. Open champion Jordan Spieth, PGA champion Jason Day and others who have played so well all year are virtually a lock for the Tour Championship at East Lake. At stake at the end is the \$10-million bonus. THE ASSOCIATED PRESS



Hunter Mahan is the only player to have never missed a FedEx Cup playoff event. MIKE LAWRIE/GETTY IMAGES



Wayne Rooney will try to take his suddenly hot form to Wales this Sunday when Manchester United face Swansea City in the Premier League. DEAN MOUHTAROPOULOS/GETTY IMAGES

Rooney's hat trick baffles 'em in Bruges

CHAMPIONS LEAGUE

Under-fire striker's treble puts United back in Europe

Wayne Rooney ended a 10-game scoring drought by grabbing a hat-trick in Manchester United's 4-0 win at Club Brugge that eased the English team into the Champions League group stage on Wednesday.

United won 7-1 on aggregate and returned to Europe's premier competition after a one-year absence.

Rooney's confidence grew after putting United ahead in Belgium in the 20th with a lobbed finish over the diving goalkeeper, his first club goal since April 4. The England captain added more goals in the 49th and 57th minutes as Club Brugge's defence was repeatedly

opened up.

Rooney wasted a great chance for his fourth goal before Ander Herrera wrapped up the win in the 63rd. Javier Hernandez missed a penalty in the 81st to make it 5-0 after being handed the chance by Rooney, United's usual penalty taker.

England will have four teams in Thursday's group-stage draw.

"It was a big disappointment last year not to challenge in (the Champions League)," Rooney said. "It was vital we went through any way we could."

Rooney's scoring form has been the biggest concern for United at the start of this season, although he insisted it was only a matter of time before he got back among the goals.

"If I didn't have a strong character, maybe it would have affected me," Rooney said.

When he was put through by Memphis Depay midway through the first half, it was the first genuine one-on-one chance

+ ELSEWHERE

Formed just six years ago, FC Astana became the first team from Kazakhstan to qualify for the group stage after drawing 1-1 at APOEL Nicosia for a 2-1 aggregate win.

Other teams to qualify on Wednesday were Bayer Leverkusen, CSKA Moscow and BATE Borisov.

THE ASSOCIATED PRESS

Rooney had found himself in all season. And he took it well.

As Sinan Bolat dived at Rooney's feet, the striker nonchalantly dinked the ball over the Turkish goalkeeper and into the net to end a long wait for a goal.

After celebrating with teammates, Rooney kissed his hands and thrust his arms into the air.

THE ASSOCIATED PRESS

IN BRIEF

Lions send tackle Williams to Patriots

The Detroit Lions have traded tackle Michael Williams to the New England Patriots for a draft pick.

The Lions took Williams in the seventh round of the 2013 draft, but he has not played in an NFL game.

Williams played tight end at Alabama, catching 51 passes in four seasons and even returning a handful of kickoffs. But he was considered more of a throwback blocking end when he came into the NFL. THE ASSOCIATED PRESS

NFL

Packers rally troops after losing Nelson

Finding receivers who will fill the void left by Jordy Nelson's season-ending injury has started in earnest in Green Bay.

Randall Cobb caught 91 passes last year, second on the team to Nelson's 98. Cobb is now clearly the top option with Nelson out with a right knee injury. But that doesn't necessarily change

Cobb's role.

"I think it's very important for everybody ... just to stay focused on what we need to do," coach Mike McCarthy said Wednesday. "And that's not try to ask or put pressure on any individual to try to do more."

It will command the work of the entire offence and the entire team to make up for that loss.

Packers GM Ted Thompson

THE ASSOCIATED PRESS

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Canada has to run clean race: Coach



Canada was denied a bronze medal at the 2012 Summer Games when it was ruled Jared Connaughton stepped on a line. ERIC FEFERBERG/AFP/GETTYIMAGES FILE

RELAY TEAM

Gilbert says team is capable but 'mistakes happen'

Former sprinter Glenroy Gilbert knows first-hand that when 16 large men are travelling through a small space at top speed, there is bound to be trouble.

And Canada has certainly had its fair share lately. Canada's men's 4x100-metre relay team has seemingly been disqualified in more races than not over the past few years, and it's a trend Gilbert would like to see end at the world championships Saturday.

"It's a difficult event," said Canada's relay coach in Beijing.

"These are big guys and these lanes are 48 inches wide, and you're trying to pass a stick with

guys running at pretty high velocities in a 20-metre box. It's not easy, technically you have to be very sound.

"And if you're trying to win, you really have to push the exchange zones. And by pushing them however, you can push them a bit too much and run into error."

The Canadians seemingly had bronze in their hands at the 2012 London Olympics, but jubilation turned to heartbreak when they were disqualified for a lane violation — Jared Connaughton had stepped on the inside line. Since then, Canada was DQ'd at last summer's Commonwealth Games and the IAAF World Relays earlier this year — both for violations in the exchange zone. Then at last month's Pan Am Games in Toronto, the Canadians were draped in the Maple Leaf, already celebrating victory, when three countries launched a

joint protest. Gavin Smellie had stepped on the line. Canada was DQ'd again.

"They're humans, even though they've done it time and time again, mistakes happen," Gilbert said. "You try to get around the corner in a shorter distance, but you don't realize how close you are."

Gilbert pointed out the rules weren't as strict when he competed — a runner had to step on the line three consecutive times to be disqualified.

"I tell the (current) guys all the time, for me personally, I'd love nothing better than to see them run as fast as we did, or faster," Gilbert said. "Are they capable? For sure they're capable. But I also told them: 'you've got to go out there and not make mistakes.'"

Canada's pool of relay runners includes Andre De Grasse, who's coming off a remarkable bronze-medal performance in the 100 metres, Aaron Brown, Brendon Rodney, Gavin Smellie, Akeem Haynes and Justyn Warner.

Gilbert said the team has the potential to win a medal. Canada ran a clean race at the world championships two years ago to capture bronze. THE CANADIAN PRESS



if you're trying to win, you really have to push the exchange zones. And by pushing them however, you can push them a bit too much and run into error.

Glenroy Gilbert, Team Canada relay coach

200-METRE SPRINT

Usain Bolt ready to 'get things done' at worlds

A day before another showdown with his latest rival, Usain Bolt didn't show even the slightest trace of anxiety.

Why would he? When you're this good — the Jamaican is going for a fourth straight world championship title in the 200 metres on Thursday night in

Beijing — you can afford to be extremely confident.

"Showing people that when it comes to the big time, I always show up and get things done," Bolt said.

Justin Gatlin could have something to say about that. The American gets another

crack at Bolt after losing a close race in the 100 on Sunday. Gatlin was actually a favourite among the bettors in that one, in part because he looked so dominant in the rounds. This time, not so much. This is Bolt's favourite event.

"I'm more professional with 200 metres," Bolt said. "I'm just trying to get it done."

Their semifinal heats on Wednesday were a contrast in styles. Gatlin went out with a vengeance, winning his heat in 19.87 seconds, which was the second-fastest semifinal

time at the worlds.

Bolt didn't run all that hard at all. Maybe for the first 150 metres or so, but after that he put it on cruise control.

"It was very easy," Bolt explained. "I don't expend a lot of energy. It was a smooth race." THE ASSOCIATED PRESS



Usain Bolt

JOHANNES EISELE/AFP/GETTY IMAGES

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Prep time: 10 minutes
Cook time: 15 minutes
Serves 12.

Ingredients

- 2/3 cup granulated sugar
- 1/4 cup vegetable oil
- 1 large egg
- 1 tsp pure vanilla extract
- 1/3 cup unsweetened cocoa powder
- 1/3 cup all-purpose flour
- 1 tsp baking powder
- 1/4 cup reduced-fat yogurt or reduced-fat sour cream
- 1/4 cup semisweet chocolate chips
- 1 scoop (3 oz) frozen yogurt (optional)
- Icing sugar

Directions

1. Preheat the oven to 350 F. Spray a 10-inch ovenproof skillet with cooking oil.
2. To make the brownies: Combine the sugar, oil, egg and vanilla in a bowl and mix well. Add the cocoa, mixing it in well. Add the flour, baking powder, yogurt and chocolate chips, mixing just until combined and smooth. Don't overmix.
3. Pour the batter into the prepared skillet. Bake in the centre of the oven for 15 minutes, just until set. Sprinkle with icing sugar, if desired. Serve with frozen yogurt or light ice cream if using.

Nutrition per serving

- Calories 140
- Protein 2 g
- Carbohydrates 20 g
- Fibre 1 g
- Total fat 7 g
- Saturated fat 1.5 g
- Cholesterol 20 mg
- Sodium 15 mg

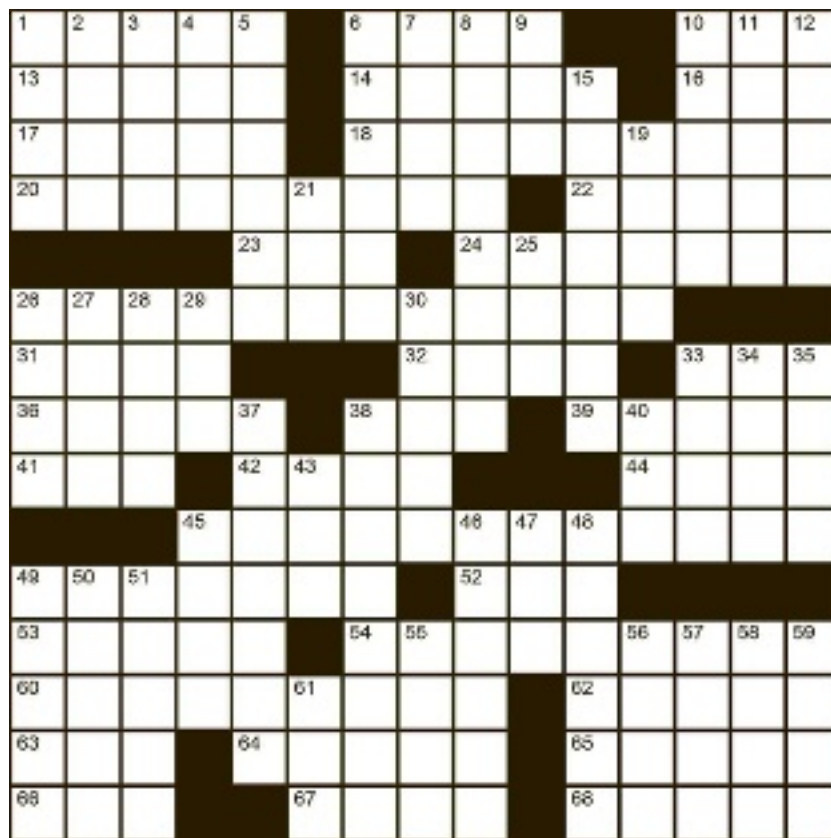
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Elegant instruments
6. Actress Ms. Gertz
10. US docs' org.
13. Literature's T.S.
14. Rice-_-
16. Getaway
17. Backslide
18. "Magic Mike" (2012) workplace: 2 wds.
20. Soft drink that has replaced aspartame in The States, but not in Canada: 2 wds.
22. Jostle
23. Tiny Tim's instr.
24. Farmers market, avenue and Metro station sharing the same name in Montreal
26. Emily Carr is wearing glasses in hers at the National Gallery of Canada
31. Unfeigned
32. 'Problem' suffix
33. Not in, Can-uck-style
36. "___ of God" (1985)
38. "Gangnam Style" rapper
39. Bisect
41. Peat's pal?
42. Tight
44. Docking spot
45. "The ___" (2000 George Clooney movie about the fishing vessel Andrea Gail ...parts of its wreckage washed up on the remote shores



49. Question/inter-view post-mission
52. 'Restrict' suffix
53. Acrylic fabric
54. Some houses
60. Nova Scotia: ___ of the Atlantic (Sable Island's nickname because of the many

- shipwrecks)
62. Leg bone
63. Melanie, to Dakota
64. Battle royal
65. Crunchy
66. Beer
67. Wing-like
68. Fasteners secured with padlocks

DOWN

1. Had in hand
2. Jai ___ (Court game)
3. Fruit's ready-to-be-eaten status
4. Station
5. ___ to the plate
6. National park

- designated a Dark-Sky Preserve by the Royal Astronomical Society of Canada
7. ___ & Sciences
8. Professor ___ (Character regarded as the 'Napoleon of crime' by Sher-

- lock Holmes)
9. Pasta names suffix
10. Dispense
11. Purple hue
12. Fossil resin
15. ___ Sparrow (Bird known to only breed on Sable Island)
19. Talk
21. Mr. ___ ("Lost" character)
25. Mai ___ (Cocktail)
26. Quick attempt
27. Therefore
28. Breather's one-of-two
29. Charge
30. Sample the food
33. Odd mixture
34. Completed
35. Condition
37. Feminism pioneer Gloria
38. Giant ___ (Wild mushroom that looks just like its name)
40. Inclined
43. "___ you serious?!"
45. Manitoba, e.g.
46. Kind of construction block
47. Dress
48. Take, as someone's purse
49. Tenet
50. Mr. Flynn
51. Finger point
55. Carbamide
56. Italy's former currency
57. Kimono's look-changers
58. Bit of bangs
59. Drains
61. Swanky 'sure'

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Negative feelings could come to the surface as the full moon draws close, but if you deal with them openly and honestly they should not bother you too much. Deal with it.

Taurus April 21 - May 21
If you feel like doing something different just do it and worry about the consequences later. If you seek advice, friends will tell you to forget about it — so don't ask.

Gemini May 22 - June 21
Some things are possible and some are not. If you don't know the difference then what happens today will leave you in no doubt at all. Don't condemn yourself if you make a mistake: at least you tried.

Cancer June 22 - July 23
Something upsetting may occur but if you look at it logically and from a higher perspective you will see that fate is teaching you a lesson: sometimes you have to give up one thing in order to get something better.

Leo July 24 - Aug. 23
Your chores and duties may become such a burden that you consider getting rid of them and starting from scratch. Go for it. Be bold and change your life.

Virgo Aug. 24 - Sept. 23
If you want something badly enough you will find a way to get it, but you may regret it by the time of the full moon on Saturday. Try not to annoy people who are bigger than you.

Libra Sept. 24 - Oct. 23
Your sixth sense tells you that something big is going to happen but there is no need to get anxious about it. Whatever comes your way, you will make the most of it.

Scorpio Oct. 24 - Nov. 22
Something seems to be worrying you, but there is no need to torment yourself. Instead of focusing on what might go wrong, find ways to make life more enjoyable and rewarding.

Sagittarius Nov. 23 - Dec. 21
As far as your money situation is concerned things may have to get worse before they get better. The tide will turn by the start of next week and, looking back, you will realize it was all for your own good.

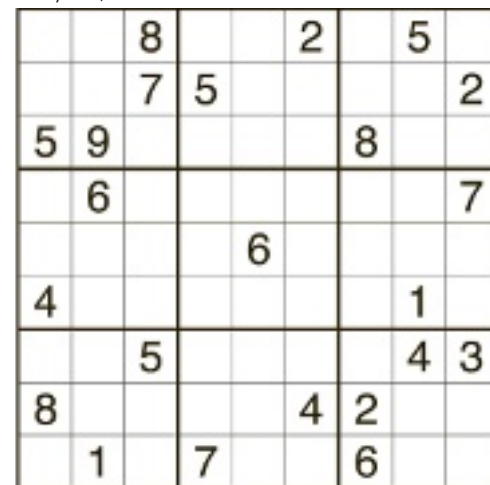
Capricorn Dec. 22 - Jan. 20
Do the right thing at the right time, especially on the work front. If you act too fast or, worse, too slow you will open yourself up to criticism from rivals and others who don't want you to succeed.

Aquarius Jan. 21 - Feb. 19
You are doing a lot of self-analysis of late. You keep asking yourself why you let yourself to feel the way you did about issues that are of no real importance. Let it go.

Pisces Feb. 20 - March 20
For quite some time now you have had the feeling that you are on the wrong track, and what happens next may confirm your suspicions. This is the start of a new adventure.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



Difficulty Level ★★★★★

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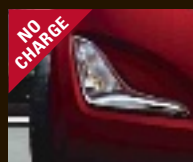
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